

BEST SPORTSPERSON WITH DISABILITY



R.SRIRAM SRINIVAS

Special Child identified with Cerebral Palsy and Mental Retardation

44/l, Saidapet Road, Vadapalani, Chennai - 600 026

Cell: **9500040969 / 9940192077**

Ph: (044) - 24832079 / 24842077

E-MAIL ID: [balaii.asbs\(5\)gmail.com](mailto:balaii.asbs(5)gmail.com)

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PARTICULARS OF BEST SPORTSPERSON WITH DISABILITY

1.	Name in English (in BLOCK Capital letters) and in Hindi	R.SRIRAM SRINIVAS श्री राम श्रीनिवास
2.	Address along with telephone & fax number, if any.	44/1, Saidapet Road Vadapalani, Chennai - 600 026 Tamil Nadu Ph: (044) 24832079 (or) 24842078 M: 9500040969 (or) 9940192077
3.	E-mail address, if any	balaji.asbs@gmail.com
4.	Nature and degree of Disability (Attach Disability Certificate)	MULTIPLE DISABILITIES Loco-Motor Disability: 90% Mental Retardation: 83% Mental Retardation with Cerebral Palsy
5.	Indicate percentage of disability and since when	MULTIPLE DISABILITIES Loco-Motor Disability: 90% Mental Retardation: 83% Mental Retardation with Cerebral Palsy Since birth (09th September 1993)
6.	Date of birth	09/09/1993
7.	Educational qualifications	-
8.	Number of international level sports events participated	2
9.	Number of international medals won during last 3 years	2
10.	Number of National level sports events participated	14
11.	Number of National medals won during last 3 years	14

12. Any other achievement in activities related to the sports for persons with disabilities

Sriram Srinivas is an avid swimmer & sportsperson who has several accolades and recognitions to his name at national and international levels for swimming, cycling, Kayaking and Bocce. Recognized with **MULTIPLE DISABILITIES** (Loco-Motor Disability 90% & Mental Retardation 83%) his most recent and a proud achievement is the recognition he gained for

2km Individual Kayaking at Sea during the OCEAN SAILING EXPEDITION "Samudragami 2019" conducted by the NCC DIRECTORATE TAMIL NADU, PUDUCHERRY AND ANDAMAN NICOBAR, Ministry of Defence, Govt of India

He was recognized with a certificate of achievement and honored by the **Chief Minister of Puducherry Shri Narayanasamy**

Sriram Srinivas also holds Certificate of Completion for **30km Cycling** in spite of his disabilities during a Rotary Event conducted by A Round Table 30 & Ladies Circle 100

The below is his list of achievements at national and international levels listed in chronological order

2013 – 4th Place, Swimming, 50mtr Free Style
Mandya Karnataka

2013 – Certificate of Participation, Workshop held by Michael Phelps Foundation (Tamil Nadu)

2014 – 3rd Place, Soft Ball Throw
DIV M-13, Special Olympics National Championship, New Delhi

2014 – 3rd Place, 100mtr Walking
DIV M-13, Special Olympics National Championship, New Delhi

2015 – 1st Place, 100mtr Backstroke Swimming
South Zone Paraolympic Swimming
Championship, Theni (T.N)

2015 – 1st Place, 100mtr Freestyle Swimming
South Zone Paraolympic Swimming
Championship, Theni (T.N)

**2016 – 3rd Place, Unified Championship Bocce
Event**
Special Olympics Bharat, T.N

2016 – 2nd Place, Bocce Doubles Event
Special Olympics National Championship, Patna
(Bihar)

2016 – 1st Place, 25mtr Free Style Swimming
Special Olympics National Championship,
Mumbai (Maharashtra)

2016 – 3rd Place, 25mtr BackStroke Swimming
Special Olympics National Championship,
Mumbai (Maharashtra)

2016 – Certificate of Participation in Swimming
NCC cum National Champion, Special Olympics,
Mumbai (Maharashtra)

2016 – 1st Place, Boccee Team Event
TAFISA GAMES-6-TAHUN, Jakarta (Indonesia)

2016 – 2nd Place, Boccee Team Event
TAFISA GAMES-6-TAHUN, Jakarta (Indonesia)

**2017 – Certificate of Appreciation for
Swimming 2.5kms in Thonnur lake** conducted by
Michael Phelps Foundation & Special Olympics
Bharat, Thonnur Lake, Pandavapura (Karnataka)

2017 – 2nd Place, 100mtr Wheelchair by Sports
Development Authority of Tamil Nadu
Jawaharlal Nehru Stadium, Chennai (Tamil Nadu)

2017 – Certificate of Appreciation, Kotak Wheelchair Marathon Chennai (Tamil Nadu)

2017 – One among 32 probable's selected for 1st Camp towards selection for participation in Special Olympics which was held in Abu Dhabi 2019

2018 – Completed 2.5km swimming at Sea Squareoff Sports, Goa

2018 – 1st Place, Aquatics Event
Ministry of Youth Affairs and Sports, Chennai (Tamil Nadu)

2018 – Achiever Award for Completing 5.00kms Swimming at Open Sea in 3hrs 18mins
Ocean Sailing Expedition 2018
“Samudhra Pheri”NCC DTE TN,P & AN, Cuddalore (T.N)
Ministry of Defence, Govt of India

2018 – Certificate of Appreciation for Swimming 1km in Thonnur Lake conducted by Michael Phelps Foundation & Special Olympics Bharat, Thonnur Lake, Pandavapura (Karnataka)

2018 – Certificate of Appreciation for swimming 2.5km at SDAT Aquatic Complex, Chennai

2018 – Star Swimmer Award from Chennai Star Swimmers

2018 – Certificate of Completion Cycling 30km in Cyclofun 2018, an event organized by Rotary Club A Round Table 30 & Ladies Circle 100

2018 – National Award, Role Model Category from the Ministry of Social Justice and Empowerment of persons with disabilities (DIVYANGJAN)

		<p>2019 - Certificate of Appreciation for Swimming 1km in Thonnur Lake conducted by Enduro and Yoska.in</p> <p>2019 - 1st Place, Swimming 50mtr Breaststroke District Level Swimming Competition Special Olympics Bharat, Tamil Nadu</p> <p>2019 - 1st Place, Swimming 50mtr Backstroke District Level Swimming Competition Special Olympics Bharat, Tamil Nadu</p> <p>2019 - Certificate of Completion 2km Individual Kayaking at Sea in an event organized by NCC Directorate Tamil Nadu, Puducherry and Andaman Nicobar</p> <p>Received the honor from the Chief Minister of Puducherry Shri Narayanasamy</p>
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SIGNATURE/THUMB IMPRESSION OF APPLICANT

SRIRAM SRINIVAS

44/1,Saidapet Road, Vadapalani, Chennai – 600 026

PH: (044) – 24832079 (or) 9500040969



RECOMMENDATION with signature/thumb impression:

Shri R.SRIRAM SRINIVAS

NATIONAL AWARD RECIEPENT - 2018

ROLE MODEL CATEGORY (MULTIPLE DISABILITIES INVOLVING ANY TWO OR MORE OF THE BROAD SPECIFIED CATEGORIES)

28.08.2019





CITATION – About Mr.Sriram Srinivas

Sriram Srinivas is an avid swimmer & sportsperson who has several accolades and recognitions to his name at national and international levels for swimming, cycling, Kayaking and Bocce. Recognized with MULTIPLE DISABILITIES (Loco-Motor Disability 90% & Mental Retardation 83%) his most recent and a proud achievement is the recognition he gained for 2km Individual Kayaking at Sea during the OCEAN SAILING EXPEDITION "Samudragami 2019" conducted by the NCC DIRECTORATE TAMIL NADU, PUDUCHERRY AND ANDAMAN NICOBAR, Ministry of Defence, Govt of India.

He was recognized with a certificate of achievement and honored by the Chief Minister of Puducherry Shri Narayanasamy. Sriram Srinivas also holds Certificate of Completion for 30km Cycling in spite of his disabilities during an Rotary Event conducted by A Round Table 30 & Ladies Circle 100

FORM- III
Disability Certificate
(In case of **MULTIPLE DISABILITIES**)

NAME AND ADDRESS OF THE
MEDICAL AUTHORITY
ISSUING THE CERTIFICATE:



M.B., B.S., DPM
Specialist of Psychiatry
Institute of Health
College
No. 11
No. 15027

Certificate No. SRTC/MD/ Date: _____
This is to certify that we have carefully examined
Shri/Smt./Kum. R. Srixam Srinivas
son/wife/daughter of Shri S. Rajasekaran Date of
Birth 9. 9. 1993 Age 23 years, male/female Male
(date) (month) (year)

Registration No. CAN/MD/07024 permanent resident of House No.
44/1 Saidapet road Ward/Village/Street Vadapalani Post Office
District CHENNAI State TAMIL NADU whose
photograph is affixed above, and are satisfied that :

(A) He/she is a Case of **Multiple Disability**. His/her extent of permanent physical impairment/disability has been evaluated as per guidelines (to be specified) for the disabilities ticked below, and shown against the relevant disability in the table below:

Sl. No.	Disability	Affected Part of Body	Diagnosis	Permanent physical impairment/mental disability (in %)
1.	Loco-motor Disability	@	<u>உடல் இயக்கம் இழப்பு 90%</u>	
2.	Low Vision	#		
3.	Blindness	Both Eyes		
4.	Hearing Impaired	£		
5.	Mental Retardation	X	<u>mental retardation</u>	<u>63% Disability</u>
6.	Mental Illness	X		<u>mental illness</u>

(B) In the light of the above, his/her over all permanent physical impairments as per guidelines (to be specified), is as follows:-

In figures:- _____ Percent

In words:- _____ percent

2. This condition is progressive/ non-progressive/ likely to improve/ not likely to improve.

3. Reassessment of disability is :

(i) not necessary,

Or

(ii) is recommended/ after _____ years _____ months, and therefore this certificate shall be valid till _____

(DD)

(MM)

(YY)

@ e.g. Left/Right/both arms/legs

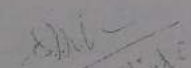

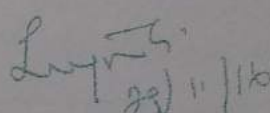
e.g. Single eye/both eyes

£ e.g. Left/Right/both ears

4. The applicant has submitted the following document as proof of residence:-

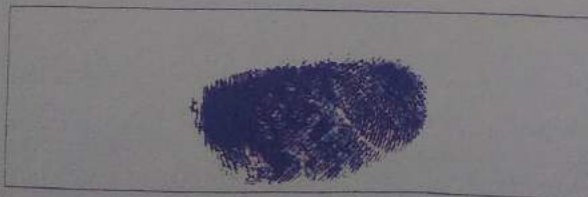
Nature of Document	Date of Issue	Details of authority issuing certificate

5. Signature and seal of the Medical Authority

 Dr. E. JEYANTHI, M.B., B.S., DPM Assistant Professor of Psychiatry Institute of Mental Health Madras Medical College Chennai Reg. No. 45027	 Dr. S. BALACHANDRAR MBBS, M.S. ORTHO D ORTHO Reg No 79232 Consultant Orthopedic Surgeon & ... Asst. Chief Surgeon, Govt. Peripheral Hospital, ... Nagar, Chennai-600 075	 Dr. N. JEYANTHI, MBBS., DLO Reg. No: 56577 ENT Specialist Senior Assistant Surgeon Tamil Nadu Medical Services Chairperson
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Name and Seal of Member

Name and seal of Member



Signature/Thumb Impression of the Person in whose Favour disability Certificate is issued

5.A CONCESSION CERTIFICATE FORM FOR ORTHOPAEDICALLY HANDICAPPED / PARAPLEGIC PERSON / PATIENTS / MENTALLY RETARDED PERSON / COMPLETELY BLIND PERSON / TOTALLY DEAF & DUMB PERSON.



This is to certify that Sri / Smt / Kumari R. Sri Ram Srinivas whose particulars are furnished below is a bonafied ORTHOPAEDICALLY HANDICAPPED / PARAPLEGIC PERSON / PATIENTS WHO CANNOT TRAVEL WITHOUT THE ASSISTANCE OF AN ESCORT / MENTALLY RETARDED PERSON WHO CANNOT TRAVEL WITHOUT AN ESCORT / COMPLETELY BLIND PERSON / TOTALLY DEAF AND DUMB PERSON.

Dr. S. Belachandrar
M.B.B.S., M.Ch. (ORTH)
Reg. No. 79232
Consultant Orthopedic Surgeon & Traumatologist
Asst. Civil Surgeon, Govt. Peripheral Hospital,
K.K. Nagar, Chennai-600 078

PARTICULARS:

a)	Name (Block letters)	R. SRIRAM SRINIVAS
b)	Address	Balaji Traders, 44/1 Saidapet Road, Vedaipalsi - 600 026.
c)	Father's / Husband's name	S. Raja Selvaran
d)	Age	23
e)	Sex	Male
f)	Nature of Handicap (to be written by doctor whether the disability is temporary or permanent)	CP & Sun MR & Admittance 90%
g)	Signature or thumb impression of the person seeking concession (not necessary for those with Both hands missing or non-functional)	

Place Date



Signature of Government Doctor

Dr. S. Belachandrar,
M.B.B.S., M.Ch. (ORTH)
Reg No 79232
Consultant Orthopedic Surgeon & Traumatologist
Asst. Civil Surgeon, Govt. Peripheral Hospital,
K.K. Nagar, Chennai-600 078

Clear seal of Government Hospital No.

Seal containing full name and Regn. No. of the Doctor

Strike out where not applicable.

For blind persons RMP / Head of institution for the blind recognized can also issue certificate for blind.

NOTE:

- 1) The certificate should be issued only to those ORTHOPAEDICALLY HANDICAPPED / PARAPLEGIC PERSON / PATIENTS WHO CANNOT TRAVEL WITHOUT THE ASSISTANCE OF AN ESCORT / MENTALLY RETARDED PERSON WHO CANNOT TRAVEL WITHOUT AN ESCORT / COMPLETELY BLIND PERSON / TOTALLY DEAF AND DUMB PERSON. The photo must be signed and stamped in such a way that doctor's signature and stamp appears partly on the photo and partly on the certificate.
- 2) For mentally retarded persons / completely blind persons / Deaf and Dumb persons (both afflictions together), the certificate will be valid for five years from the date of issue. For temporary disability in the case of Orthopedically / Paraplegic persons, the certificate will be valid for 5 years and in case of permanent disability, the certificate will remain valid for (1) 5 five years, in case of persons upto the age of 25 years, (s) Ten years, in case of persons in the age group of 26 to 35 years and (3) in case of persons above the age of 35 years, the certificate will remain valid for whole life of the concerned persons. After expiry of the period validity of the certificate, the person is required to obtain a fresh certificate.
- 3) Photo copy of this certificate is accepted for the purpose of grant of concession. The original certificate will have to be produced for inspection at the time purchase of concessional ticket and during the journey, if demanded.

Clinical Psychological Report 24-11-16

Name Sriram Srinivas R Op : 3329/16

Age : 23yrs Unit : II

Mr. Sriram Srinivas 23yrs, studying in Special School, reported with his mother.

R/C/O Cerebral Palsy. His developmental milestones were reported to be delayed.

He was referred for IQ assessment.

Test Administered :-

- Sequine Form Board (SFBT)
- Vineland Social Maturity Scale (VSMS)

Behavioural Observation :-

He was cooperative for testing. Eye contact was initiated but not maintained. Attention and concentration were inadequate. Talk was slurred, inappropriate laugh was present. He was able to comprehend simple instructions. He had poor motor skills.

Test findings :

On SFBT, his mental age is 6 yrs and has an IQ of 38. This low IQ may be due to disturbances in the motor function.

On VSMS his SA is 7.5 yrs and has an IQ of 47, suggestive of moderate level of mental retardation.

Impression :-

R. Sriram Srinivas aged 23 yrs has an IQ of 47, suggestive of moderate level of mental retardation with Cerebral

Palsy.

A.G. Shanthi

A.G. SHANTHI, M.A., M.Phil.,
ASSISTANT PROFESSOR OF PSYCHOLOGY CUM
CLINICAL PSYCHOLOGIST,
INSTITUTE OF MENTAL HEALTH,
KILPAUK CHENNAI.

Dr. V. SMITHA RUCKMANI M.Phil(NIMHANS), P.HD
Consultant - Clinical Neuro Psychologist
TNGovt Multi SuperSpeciality Hospital
Mobile : 9840971945
E mail : ruckmanismitha@gmail.com

PSYCHOLOGICAL REPORT

Name R. Sriyam Srinivas

Age: 23y8

DOB: 9-9-1993

Referred for: I. A assessment - as he is participating in special olympics

Date of assessments: 8-9-16

Complaints: ~~For~~ Diagnosis C.P.C M.R.

Personal History: - Normal birth. Birth cry-delayed milestones - delayed.

Teacher Report: - Trained in ADL. Toilet trained.

Behaviour observation: Eye contact maintained. Response established. Speech impaired. Difficulty to talk. Has difficulty in comprehension.

Test Findings:

as task difficulty increase. Poor shape and color concept.

On B.K-test of intelligence, He obtains

M.A - 5 years 8 months

T.A - 8 years

I. A - 33.

Description: Mental retardation moderate level trainable category.

தகவல்

- ஆதார் அடையாளத்திற்கான சான்று குடியரிமைக்கு அல்ல
- அடையாள சான்றை இணையதளம் மூலம் உறுதிப்படுத்திக் கொள்ளவும் .

INFORMATION

- Aadhaar is proof of identity, not of citizenship .
- To establish identity, authenticate online .

- ஆதார் நாடு முழுவதிலும் செல்லுபடியாகும் .
- வருங்காலத்தில் அரசு மற்றும் அரசு சாரா சேவைகளை பயன்படுத்திக் கொள்ள ஆதார் உதவிகரமாக இருக்கும் .
- Aadhaar is valid throughout the country .
- Aadhaar will be helpful in availing Government and Non-Government services in future .



முகவரி

50, ராஜசேகரன், எண் 1, 27 வது தெரு, கிருஷ்ணா நகர், மதுரவாயல், திருவள்ளூர், மதுரவாயல், தமிழ் நாடு, 600095

Address:

S/O: Rajasekaran, NO 1, 27TH STREET, KRISHNA NAGAR, Maduravoyal, Tiruvallur, Maduravoyal, Tamil Nadu, 600095

9491 6021 9178

இந்திய அரசாங்கம்
Unique Identification Authority of India
Government of India

பதிவு அடையாளம் / Enrollment No.: 1111/80733/01023

To

ஸ்ரீராம் ஸ்ரீனிவாஸ்
Sriram Srinivas
S/O: Rajasekaran
NO 1 27TH STREET
KRISHNA NAGAR
Maduravoyal
Maduravoyal
Ambattur Tiruvallur
Tamil Nadu 600095
9566059369

15/01/2014
1010355555



உங்கள் ஆதார் எண் / Your Aadhaar No. :

9491 6021 9178

ஆதார் - சாதாரண மனிதனின் அதிகாரம்



இந்திய அரசாங்கம்

Government of India



ஸ்ரீராம் ஸ்ரீனிவாஸ்
Sriram Srinivas
பிறந்த நாள் / DOB : 09/09/1993
ஆண்பால் / Male



9491 6021 9178

ஆதார் - சாதாரண மனிதனின் அதிகாரம்



S. No 104754

CORPORATION OF MADRAS

சென்னை மாநகராட்சி

HEALTH DEPARTMENT
சுகாதாரத் துறை

B. & D. No 69236/83
பி. & இ. எண்

Certificate of Birth issued under Section 17 of the Registration of Births and Deaths Act, 1969.

1969-ம் ஆண்டு பிறப்பு இறப்பு, எட்டத்தில் 17-வது பிரிவின்படி பிறப்பு சான்றிதழ் வழங்கப்படுகிறது.

This is to certify that the following information has been taken from the original record of birth which is in the register for Division 121 of the Corporation of Madras of the State of Tamil Nadu, S. India.

இதனடிப்படையில் தகவல்கள் தமிழக அரசு சென்னை மாநகராட்சி, 121-வது பகுதி பிறப்பு மூலப் பதிவேட்டிலிருந்து எடுக்கப்பட்டது என்று உறுதிப்படுத்தப்படுகிறது.

1. Name பெயர் "R. SRI RAM SRINI VAS"
2. Sex இனம் Male
3. Date of birth பிறந்த தேதி 9.9.93 at 4.30 AM
4. Place of birth பிறந்த இடம் Ujaya Hospital
5. Registration No. பதிவு எண் 933
6. Date of Registration பதிவு செய்த தேதி 10.9.93
7. Name of Father தகப்பனார் பெயர் S. RAJASEKARAN
8. Name of Mother தாயார் பெயர் VANITHA RAJA SETHUPATHI
9. Permanent Address தகவலாளர் முகவரி 29 Reghavan Colony, Vadapalani, Madras 26
10. Nationality—Father தேசிய இனம்—Mother Indian

Handwritten mark

Signature of Health Officer

Signature of the Issuing Authority
Health Officer

Corporation of Madras

சுகாதார அதிகாரியின் கையொப்பம்

சுகாதாரத் துறை

சென்னை மாநகராட்சி

B&D No. 69236/83

Dist. Zone of

சென்னை மாநகராட்சி



**CERTIFICATES & RECOGNITIONS
OF MR. SRIRAM SRINIVAS'S
ACHIEVEMENTS**



भारत सरकार
GOVERNMENT OF INDIA

सामाजिक न्याय और अधिकारिता मंत्रालय
MINISTRY OF SOCIAL JUSTICE AND EMPOWERMENT
दिव्यांगजन सशक्तिकरण विभाग
DEPARTMENT OF EMPOWERMENT OF PERSONS WITH DISABILITIES (DIVYANGJAN)

दिव्यांगजन सशक्तिकरण हेतु राष्ट्रीय पुरस्कार - 2018
NATIONAL AWARD FOR THE EMPOWERMENT
OF PERSONS WITH DISABILITIES (DIVYANGJAN) - 2018

यह राष्ट्रीय पुरस्कार
श्री श्रीराम श्रीनिवास

को बहु दिव्यांगताओं की श्रेणी में दिव्यांगजनों के प्रेरणा
स्रोत के रूप में उनके उत्कृष्ट कार्य के लिए सम्मानित
करने हेतु प्रदान किया जाता है।

THIS NATIONAL AWARD IS GIVEN TO

Sh. Sriram Srinivas

IN RECOGNITION OF HIS / HER OUTSTANDING
PERFORMANCE AS ROLE MODEL AMONG
PERSONS WITH DISABILITIES (DIVYANGJAN)
IN THE CATEGORY MULTIPLE DISABILITIES

नई दिल्ली
New Delhi

दिनांक
Date 3.12.2018

सचिव भारत सरकार
Secretary to the Government of India

ROLE MODEL - (MULTIPLE DISABILITIES INVOLVING ANY TWO OR MORE OF THE BROAD SPECIFIED CATEGORIES), 2018

Shri R. Sriram Srinivas

44/A, Saidapet Road,
Vadapalani,
Chennai-600026.

Shri R. Sriram Srinivas is having multiple disabilities (90% locomotor disability and 83% Intellectual disability). He is a Swimmer and a sportsperson. He has participated in Sports meet for swimming and Bocce at national and international levels. He has received the Achiever Award for successfully swimming 5 kms at open ocean in 3 hours and 18 minutes. He has also participated in the Ocean Sailing Expedition – Samudra Pherei 2018 conducted by Ministry of Defence.

His glorious achievement in swimming despite having multiple disabilities makes him a true Role Model for the National Award 2018.

CERTIFICATE OF PARTICIPATION

Awarded to

R. SRIRAM SRINIVAS

for the participation in National Championship for

Aquatics

event 50m Free Style held at Karnataka State

from 1-10-13 to 6-10-13

and is awarded 1st Place

Victor R. Vaz

Victor R. Vaz
National Sports Director

Ayed Ali Kazim

Ayed Ali Kazim
National Director

Denzil Keelor

Air Marshal Denzil Keelor
Chairman

Alfred
THE AIR DIRECTOR
SPECIAL OLYMPICS TAMILNADU
NO. 41, SINGARAVELI STREET
MADRAS 600 002

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**Special
Olympics
Bharat**



CERTIFICATE OF PARTICIPATION

THIS CERTIFICATE IS PRESENTED TO

R. Srikanth. SRINIVAS

State - Tamil Nadu

FOR THEIR PARTICIPATION IN

 **PROGRAM**
WORKSHOP

Madhavipur
Place

5th October
Date

[Signature]
Coordinator, IMSS Program

[Signature]
THE AREA DIRECTOR
SPECIAL OLYMPICS BHARAT TAMILNADU
No.47, SUNDARAM PILLAI STREET,
PURASAWALKKAM, CHENNAI - 600 007.
Ph: 9944526672

MICHAEL PHELPS
FOUNDATION

19
20
14
33

CERTIFICATE OF PARTICIPATION

Awarded to

...SRI RAM..SRINIVAS.R..RAJASEKARAN.(Tamilnadu)

for the participation in National Championship for

.....ATHLETICS.....

event .100 M.Walk..Div:-MO3 held at J.L.N..Stadium.(New Delhi)

from ...12-03-2014..... to ..15-03-2014.....

and is awarded ..3rd Position.....

Victor R. Vaz
National Sports Director

Syed Ali Kazim
National Director

Air Marshal Denzil Keelor
Chairman

22

THE AREA DIRECTOR
SPECIAL OLYMPICS BHARAT TAMILNADU
NO.17, SUNDARAM PILLAI STREET
PURASAWALK

Special Olympics Bharat is recognized by Ministry of Youth Affairs & Sports as the National Sports Federation for the Intellectually Disabled.

Recognized by the International Olympics Committee as the Official Sports Program for the Intellectually Disabled.
Founded by the Joseph P. Kennedy, Jr. Foundation Special Olympics promotes sports for the Intellectually Disabled in more than 170 countries

**Special
Olympics
Bharat**





THENI DISTRICT PARALYMPIC SWIMMING ASSOCIATION
 and
SPORTS DEVELOPMENT AUTHORITY OF TAMILNADU, THENI
 Joinly Conducting



IIInd South Zone Tamilnadu Paralympic Swimming Championship - 2015

Certificate of Merit

Awarded to : **R. SRI RAM SRINIYAS**

Father's Name : **J. RAJA SEKARAN**

Date of Birth :

Representing : **CHENNAI**

For Participating in the **IIInd South Zone Tamilnadu Paralympic Swimming Championship-2015** held at District Stadium Swimming Pool, Theni. on 19th December 2015 and

Securing **1st** Place in **100M FREE STYLE**

Group **S-14** Performance **05:14:10**

V. Sumathi
V. SUMATHI
 Secretary

[Signature]
THE AREA DIRECTOR
SPECIAL OLYMPICS BHARAT TAMILNADU
 No.47, SUNDARAM PILLAI STREET,
 PURASAWALKKAM, CHENNAI - 600 007.
 Regional Senior Manager - Madurai Region
TAMILSELVAN
 Sports Development authority of Tamilnadu
 Ph: 99415260

[Signature]
N. T. PREMSAI
 President

Theni Dt. Paralympic Swimming Association

Theni Dt. Paralympic Swimming Association



25

64

70



CERTIFICATE

AWARDED TO

R. SRIRAM SRINIVAS

for participating in the Bocce... NCC... CUM NATIONAL CHAMPIONSHIP

held at PATLIPUTRA STADIUM

from 23rd to 28th Aug 2016

and is awarded 2nd position in DOUBLES event



Kartikay Saini
Dr. CDR. KARTIKAY SAINI
Chairman

Victor Vaz
VICTOR VAZ
National Sports Director

Denzil Keelor
AIR MARSHAL DENZIL KEELOR
Chief Executive Officer

[Signature]
THE AREA DIRECTOR
SPECIAL OLYMPICS BHARAT TAMILNADU
NO. 47, SUNDARAM PILLAI STREET,
SOPAS, ANNAKKAM, CHENNAI - 600 007

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the National Sports Federation for persons with Intellectual Disabilities.
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for the intellectually disabled.
Funded by the Joseph P. Kennedy Jr. Foundation Special Olympics promotes sports
for the intellectually disabled in more than 170 countries.

**Special
Olympics
Bharat**



CERTIFICATE

AWARDED TO



..... Saizam Saivivas

for participating in the Ncc cum National Swimming Championship
 held at Mumbai Maharashtra

from 19th Sept 2016 to 24th Sept 2016

and is awarded 1st position in 25m Freestyle event

Kartikay Saini
 Dr. CDR. KARTIKAY SAINI
 Chairman

Victor Vaz
 VICTOR VAZ
 National Sports Director

Denzil Keelor
 AIR MARSHAL DENZIL KEELOR
 Chief Executive Officer

Attended
 THE AREA DIRECTOR FOR
 SPECIAL OLYMPICS BHARAT TAMILNADU
 UNDARA, DE LAI STREET,
 CHENNAI

Special Olympics Bharat is recognized by the Ministry of Youth Affairs and Sports as the National Sports Federation for persons with Intellectual Disabilities. Recognised by the International Olympic Committee as the official sports program for the intellectually disabled. Founded by the Joseph P. Kennedy Jr. Foundation Special Olympics promotes sports for the intellectually disabled in more than 170 countries.



CERTIFICATE

AWARDED TO



Srinivas Sriram

for participating in the *NCC cum National Championship*

held at *Mumbai Maharashtra*

from *19th Sept 2016 to 24th Sept 2016*

and is awarded *3rd* position in *25m. Back Stroke* event

Kartikay Saini

Dr. CDR. KARTIKAY SAINI
Chairman

Victor Vaz

VICTOR VAZ
National Sports Director

Denzil Keelor

AIR MARSHAL DENZIL KEELOR
Chief Executive Officer

Attended
THE AREA DIRECTOR
SPECIAL OLYMPICS BHARAT TAMILNADU
PILLAI STREET,
PUFASAYA, KANNIYAKUMARI DISTRICT,
TAMILNADU - 625 001

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**Special
Olympics
Bharat**



CERTIFICATE OF PARTICIPATION

AWARDED TO

..... Srujan Sainivasa

as Athlete in Swimming

during NCC cum National Championship

held from 19th Sept. 2016 to 24th Sept. 2016

at Mumbai Maharashtra

Kartikay Saini
 Dr. CDR. KARTIKAY SAINI
 Chairman

Victor Vaz
 VICTOR VAZ
 National Sports Director

Denzil Keelor
 AIR MARSHAL DENZIL KEELOR
 Chief Executive Officer

[Signature]
 THE AREA DIRECTOR
 SPECIAL OLYMPICS BHARAT TAMILNADU
 SUNDARAM PILLAI STREET,
 CHENNAI - 600 007.

Special Olympics Bharat is recognized by the Ministry of Youth Affairs and Sports as the National Sports Federation for persons with Intellectual Disabilities. Recognised by the International Olympic Committee as the official sports program for the intellectually disabled. Founded by the Joseph P. Kennedy Jr. Foundation Special Olympics promotes sports for the intellectually disabled in more than 170 countries.

**Special
 Olympics
 Bharat**







Certificate of Appreciation

Presented to

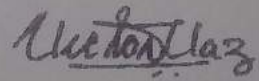
Mr/Ms SRI RAM SRINIVAS


participated in Thonnur Swimathon 2017, held on 13th August 2017 at Thonnur Lake, Pandavapura,
Karnataka State, India and successfully completed ~~1K~~/[✓]2.5K/5K distance with the time of
.....

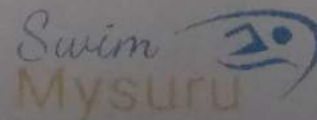
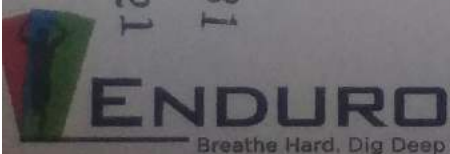
Hearty Congratulations

28
25

Ajit Thandur
Race Director


Victor R Vaz
National Sports Director
Special Olympics, Bharat


Sundaresk S, NIS
Ambassador
Michael Phelps Foundation, India









34

28



NATIONAL CADET CORPS

OCEAN SAILING EXPEDITION 2018 BY NCC GROUP PUDUCHERRY



NCC DTE TAMIL NADU, PUDUCHERRY & ANDAMAN NICOBAR
(MINISTRY OF DEFENCE, GOVT OF INDIA)

CERTIFICATE OF ACHIEVEMENT

This is to certify that **Sriram Srinivas**, 25 yrs s/o **S Rajasekaran** of **Chennai** born with **Cerebral Palsy & Mental Retardation** successfully completed **5.12 Km of Ocean Swimming in 3 hr 18 min** on **21 July 18** during **Ocean Sailing Expedition 2018** at **Cuddalore**.



74
29

35
[Signature]

Cdr D Dinakaran
OIC Expedition
NCC Gp Puducherry

[Signature]
V K Garg, VSM
Commodore (IN)
DDG
NCC DTE TN, P&AN





Certificate of Appreciation

Presented to

Mr/Ms R. SRIRAM SRINIVAS

successfully completed 1K/2.5K/5K distance
in Thonnur Swimathon 2018,

held on 12th August 2018 at Thonnur Lake, Pandavapura, Karnataka State, India

Hearty Congratulations

30

Jith Thandur
Race Director

36

Victor R Vaz
National Sports Director
Special Olympics, Bharat

Sundaresh S, NI
Ambassador
Michael Phelps Foundation



Khelo India Scheme

Promotion of Sports among Persons with Disability

FOR/NSM:02/18 Rev 001

Certificate No.: ...1808

CERTIFICATE

This is to certify that

M. SRIRAM SRINIVAS.

for Participation in State Games held at TRICHY ANNA STADIUM.

from 21.3.2018 to 24.3.2018

Special
Olympics
Bharat



and is awarded

FIRST.



position in 50m B Stroke event.

State Sports / Disability Officer /
SPD / SSA

Area Director
Special Olympics Bharat

The Program is conducted by Special Olympics Bharat, a National Sports Federation designated by the Ministry of Youth Affairs & Sports for Implementation of Scheme and Games for Persons with Intellectual Disability


37

31





FINISHER **SIRIRAM SRINIVAS**

 **SWIM 1KM**

39

YAMAHA
AAHANA AUTOMOBILES
Revs your Heart

 *On a Break*

 **SPARSH**
HOSPITAL
THE TOUCH OF LIFE

DECATHLON
SPORT FOR ALL - ALL FOR SPORT

 **Swim Mysuru**

 **mys runners**

 **MACSHA INDIA**

 **TRIBLR**

 **SwimLife**
We'll Make You Swimmer

 **IRONMAN 70.3 GOA**

CHENNAI STAR SWIMMERS *Swim*athon 2018

Certificate of Participation

This is To certify that

Mr./Mrs./Ms. SIRAM SRINIVAS

has participated in Chennai Star Swimmers Swimathon 2018

(1.5 Km | 2.5 Km | 5 Km swim) on 26th August 2018

at SDAT Aquatic Complex, Velachery Main Road, Chennai - 600032.

S. Geetha

SWIMATHON ORGANISER



SWIMMING COACH

29
40
34



A ROUND TABLE 30 & LADIES CIRCLE 100
Event in aid of charity

17 2nd SEPTEMBER



Certificate of Completion

THIS CERTIFICATE IS AWARDED TO

SRI RAM SRINIVAS . R

FOR SUCCESSFULLY FINISHING THE CYCLOTHON

DISTANCE 4 Km 6 Km 12 Km 30 Km

Arjun Bagri
Tr. ARJUN BAGRI
CHAIRMAN, MERT 30

Komal Kothari
Cr. KOMAL KOTHARI
CHAIRPERSON, MELC100

GOLD SPONSOR



SILVER SPONSORS



BRONZE SPONSOR





Certificate of Merit

Certificate No :

Awarded to..... **SRIRAM SRINIVAS RAJASEKARAN**

Representing

For Securing..... **IST PLACE** Place in..... **AQ 50 M BREASTSTROKE** event

Timing..... **2** Minutes..... **03.96** seconds in group..... **21 & ABOVE** in

Special Olympics Bharat TamilNadu, District Level Swimming Competition

Held at SDAT, Shenoy Nagar, Chennai, on 27th July 2019.

42

G.JAYASEELAN

District Sports Manager

Dr. G.ARUMUGAM

District Secretary

36

Special Olympics

Bharat/Tamilnadu
Chennai District



Certificate No :

Certificate of Merit

Awarded to..... **SRIRAM SRINIVAS RAJASEKARAN**

Representing

For Securing..... **IST PLACE** Place in..... **AQ 50 M BACK STROKE**event

Timing..... **2** Minutes..... **19.86**seconds in group..... **16 YRS X ABOVE**in

Special Olympics Bharat TamilNadu, District Level Swimming Competition

Held at SDAT, Shenoy Nagar, Chennai, on 27th July 2019.

43

37

G.JAYASEELAN

District Sports Manager

Dr. G.ARUMUGAM

District Secretary



NCC DIRECTORATE TAMILNADU, PUDUCHERRY AND ANDAMAN NICOBAR

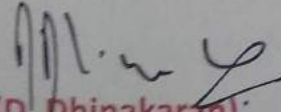


OCEAN SAILING EXPEDITION CERTIFICATE

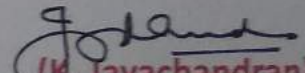
“SAMUDRAGAMI-2019”

CONDUCTED BY NCC GROUP HEAD QUARTERS, PUDUCHERRY

This is to certify that **SRIRAM SRINIVAS** 26 years old S/o. S. RAJASEKARAN of Chennai born with Cerebral Palsy & Mental Retardation successfully participated and completed 2 km KAYAKING PROGRAMME along with N.C.C cadets during our ocean sailing expedition SAMUDRAGAMI - 2019 at PARANGIPETTAI on 16.07.2019.


(D. Dhinakaran)
Commander
O/c Expedition




(K. Jayachandran)
Colonel
Group Commander
NCC GP HQ, Puducherry

ROLE MODEL – (MULTIPLE DISABILITIES INVOLVING ANY TWO OR MORE OF THE BROAD SPECIFIED CATEGORIES), 2018

Shri R. Sriram Srinivas

44/A, Saidapet Road,
Vadapalani,
Chennai-600026.

Shri R. Sriram Srinivas is having multiple disabilities (90% locomotor disability and 83% Intellectual disability). He is a Swimmer and a sportsperson. He has participated in Sports meet for swimming and Bocce at national and international levels. He has received the Achiever Award for successfully swimming 5 kms at open ocean in 3 hours and 18 minutes. He has also participated in the Ocean Sailing Expedition – Samudra Pherei 2018 conducted by Ministry of Defence.

His glorious achievement in swimming despite having multiple disabilities makes him a true Role Model for the National Award 2018.

**NEWS ARTICLES ON
MR.SRIRAM SRINIVAS'S
ACHIEVEMENTS**

முனை முடக்குவாதத்தை முயற்சியால் வென்ற

ஸ்ரீராம் ஸ்ரீனிவாஸ்!

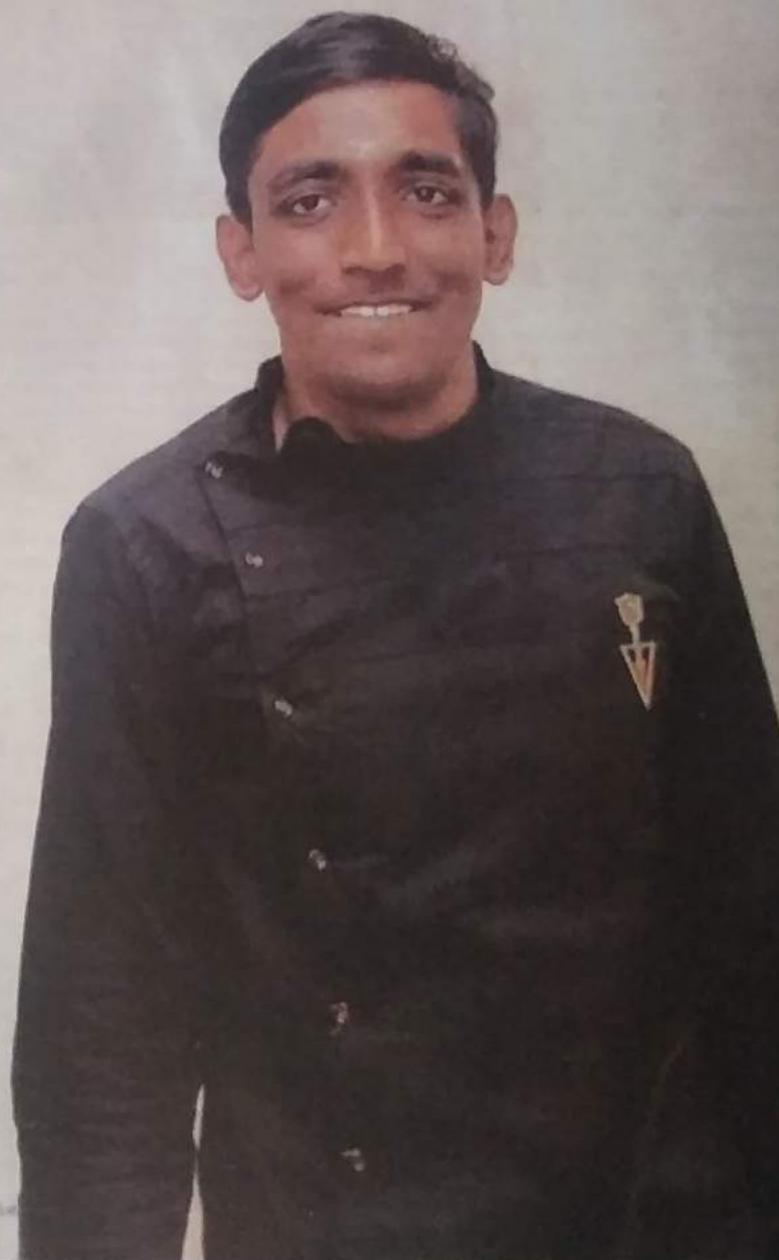
வா

நகரம் எம்மையு சிவமாகத் தெரிந்தாலும், அதில் மிதமென்ற விஷயம் செய் முடிந்ததாக இருக்கும். அது என்னென்ற கண்டித்து செய்வாரைத் தொடர்வதில் பொதும. காழ்க்கையில் செய்கிறார். கால் - இவை எல்லாம் ஹாக்ஸில் செய்வை

அது எம்மையு சிவமாகத் தெரிந்தாலும், அதில் மிதமென்ற விஷயம் செய் முடிந்ததாக இருக்கும். அது என்னென்ற கண்டித்து செய்வாரைத் தொடர்வதில் பொதும. காழ்க்கையில் செய்கிறார். கால் - இவை எல்லாம் ஹாக்ஸில் செய்வை

முனைமுடக்குவாதம் சரியாக செய்வதற்காக இருப்பதுதான் முனை முடக்குவாதம். அம்மையார் அசையாதும், முனைவில்லாதது அதற்கான சமீகனாக செய்வதும் சமீகனாக சரியாக செய்வதற்காக. தலைவர் குடிசை, உள் அறையில் உடல் அசைய முடியாததுதான் பாதிப்பு ஏற்படாத தொடர்வதும் முனை முடக்குவாதம் பாதிக்கப்பட்டவர்களை சந்தை முனைவாக மனத்தில் வைத்துக்கொள் முடிவாக வந்தாலும் முனை மாறாத முனைவாகியே இருப்பார்கள். அது வசையில் ஸ்ரீராம் இன்றும் முனைவாகியே இருக்கிறார்.

முனைமுடக்குவாதம் தான் தீவிரம் சந்தையில் விவாதம் ஏற்படும் முடிவாகியே, அப்படிதான் ஸ்ரீராமரும் உரை முடிவாகியே தான் மனிதர்கள் தன் மனத்தில் தீவிரத்தை முனைமுடையில் உட்காட்டுவதில் மதித்தீவிரம் போட வைத்தவர். சேன்னை, முனைவில் ஸ்ரீராம் பெயரில் பலர் சிவமாக ஒன்றை முனைமுடக்குவாதம் அசைய துவங்கினார். இது பற்றி வைத்துள்ள பத்திரிகை மாற்றத்திற்கானவர்கள்



Born with cerebral palsy, Puducherry man swims 5km in sea to set record

Bosco.Dominique
@timesgroup.com

Puducherry: Disability is no bar for 25-year-old Sriram Srinivas of Puducherry. Born with cerebral palsy, Srinivas overcame all odds with the help of his family members, particularly his mother Vanitha Rajasekaran, and went on to clinch several medals in swimming and other sports in national-level championships.

On Saturday last, he created a record by swimming 5km in the sea from Cuddalore old town to Silver Beach in three hours 20 minutes during the NCC ocean sailing expedition.

The NCC, which has embarked on a mission to encour-



OVERCOMING ALL ODDS: Sriram Srinivas receives the 'Achiever Award' during the NCC event in Puducherry

age and motivate differently-abled people indulging in adventurous activities during their routine expeditions, hon-

oured him with 'Achiever Award'. The Puducherry and Cuddalore units of the NCC presented the award to him during the ocean sailing expedition undertaken by 42 cadets including 12 girl cadets from Puducherry and Cuddalore.

Sriram was accompanied by his swimming coach R Selvam from Chennai. His achievement under the hot and humid condition and with wind speed touching 60km per hour was well appreciated.

Second son of Vanitha and Rajasekaran, a couple from Vadapalani in Chennai, Sriram suffered of cerebral palsy from birth. "He was not able to hold his head upright even six months after birth. He did not

roll over too. Diagnosis revealed that he had cerebral palsy. We were shattered, and we spent the next five years seeking treatment. Awareness regarding cerebral palsy was very low during those days. By the time he started physiotherapy exercises he was eight years old," Vanitha said.

Apart from physiotherapy exercises, his activities included yoga, cycling and swimming. He exhibited tremendous interest in swimming and his parents engaged two coaches to train him. He soon started competing in national-level contests including swimming and related aquatic events and walking bagging several medals including two golds.

A memorable expedition for NCC cadets

42-member team, which set sail on July 10, covered a distance of 456 km

STAFF REPORTER
PUDUCHERRY

The last leg of the ocean sailing expedition 'Samudra Pheri - 2018' turned out to be a special occasion for NCC cadets as a person with cerebral palsy and mental retardation joined the expedition by swimming 5 km along with the NCC sail boat.

Puducherry Chief Secretary Ashwani Kumar, along with Colonel K Jayachandran, Group Commander, NCC group headquarters, Puducherry, and NCC officers, welcomed the three boats with 42 cadets including 12 girls that went on the expedition on July 10.

The annual ocean sailing expedition undertaken by NCC cadets on behalf of Puducherry NCC Group Headquarters Naval Wing, which was flagged off by Lt. Governor Kiran Bedi, terminated at Thengaihitu harbour in Puducherry on Saturday.

Welcoming the expedition team, Mr. Ashwani Kumar underlined that such occasions leave a perma-

nent impact in memory. "We learn many things during these adventures. It has to be experienced to be believed," he said, congratulating the team.

Girls team

Col. Jayachandran added: "This is the first time in the last five years of ocean sailing that girl cadets have been included in the expedition. Despite extreme rough weather, they managed to come back safely."

He said that the 'Samudra Pheri - 2018' began from Kappal and sailed to Thoputhural via Puducherry, Cuddalore, Parangipettai, Pazhayar, Tarangambadi and Nagapattinam and then returned through Nagapattinam, Tarangambadi, Pazhayar, Parangipettai, Cuddalore and reached Puducherry.

This expedition is also the decider for the coveted 'Most Enterprising Naval NCC Unit Trophy. The best one among the units conducting such expeditions across the country will be



Sriram Srinivas, left, receiving the Achievement Award; Chief Secretary Ashwani Kumar and Colonel K. Jayachandran, Group Commander, NCC, welcoming the cadets at the Thengaihitu harbour. •SINGARAVELU

Disability no deterrent

STAFF REPORTER
PUDUCHERRY

Twenty-five-year-old Sriram Srinivas Rajasekaran, suffering from cerebral palsy, received the Achievement Award instituted by NCC directorate - Tamil Nadu, Puducherry and Andaman and Nicobar. "We co-opted him in the sailing expedition on Saturday morning. He

swam for 5 km despite his physical disability.

This is also the first time in the last five years that we have co-opted a physically challenged person to be part of the ocean sailing expedition," said Col. Jayachandran. Mr. Sriram won two gold medals at national-level qualifying competitions in 2016.

felicitated by Prime Minister during the Republic Day parade. The expedition was led by the Naval Officers Commander Dhinakaran and Lt. Commander Shiv Shankar. The team covered a distance of 456 km.

The expedition team also carried out various social service activities en route including beach cleaning, tree plantation, save environment rally and visit to an old age home during their halt at various locations.

Chennai Times

SRIRAM SWIMS
NOT ONLY HIS
PER BODY
ERE'S NO LEG
YEMENT AT ALL.
WORKS OUT IN
E GYM REGULARLY.
HIS ARMS ARE STRONG.
CAN EVEN SWIM UP TO
M IN SEA WITHOUT ANY
FICULTY.

— SEKHAR S,
OCEAN SWIMMING TRAINER

HERE THERE'S WILL, THERE'S WAYS A WAY

oves 25-year-old Sriram Srinivas R from
nai, who completed a five-km swim in the open
despite the huge odds stacked against him



Sriram
Srinivas R

A FAMILY FRIEND
SUGGESTED THAT HE
WALK IN WATER TO
IMPROVE HIS STRENGTH.
THAT'S HOW HE GOT
INTRODUCED TO A POOL AND
STARTED SWIMMING
— BALAJI SRINIVAS,
BROTHER

older than him, says, "By the time
he was four months old, my parents
knew that he was differently abled.
When he was taken to the doctor,
they said he needed more training
than most babies. But my parents
weren't ready to accept that he was
a special child."

CONTINUED ON PAGE 5



When we dug in to meet
Sriram Srinivas R, we
found him busy engaged in
activities with his friends.
Like him, are all differently
abled. Sriram, the youngster, who's
severely swimming competi-
tively even completed a
5km in the open sea, spends
most of his time at the Sri
Sri department store in
Chennai. He is also a
member of the family. The
boy was taken to the doctor
and others like him. In the
beginning, though he's busy,
when we told him we'll
take his picture, to a crisis,
he said he was — a signature

pose that signals 'I can't
Born with cerebral palsy and
mental retardation, Sriram
couldn't walk during his early
childhood. Just so that he could
stand on his own, his parents
took him for different treatments,
but all in vain. But his family was
n't ready to give up and they began
training him in sports, especially
swimming. And all this happened
over a span of several years.
Sriram's days as a toddler
and an adolescent. His brother
Balaji Srinivas, who's nine years

WE'RE FORTUNATE
THAT THERE'S A LOT OF
SUPPORT FROM OUR EXTENDED
FAMILY. BUT IF HE'S HAPPY TODAY,
MAIN CREDIT GOES TO HIS MOTHER
— RAJASEKHAR, FATHER

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'Sports is the only thing that keeps Sriram going'

➤ CONTINUED FROM PAGE 1

They thought that medicines would cure him in some years. For the first five years, they took him from one doctor to another. But it was my *pergunta* who took him first to a centre for differently-abled kids... Madhusudan Narayanan, Centre For Special-needs Children. It was only then that my parents slowly started accepting it and began giving him mental and physical training. It's because of some problem in his nervous system that he's disabled physically. One of the major body weight is more than that of the lower body. With the help of physiotherapy, he slowly started to stand, leaning on to something. But he still couldn't stand on his own. Then, with the help of a splint, he gained some stability. And as part of splint training, he started walking and cycling. Since then, he's been realising and enjoying for an hour every day. But it is only recently that he understood the concept that if he applies the brake, he should put his feet down on the ground. Later, a family friend suggested that he walk in water to improve his strength. That's how he got introduced to a pool and gradually started swimming. Soon, he started participating in local swimming competi-

tions and even won a few. That encouraged him. More opportunities came his way. He started winning competitions at the state and national levels. In 2016, he won two gold medals at the national level. That gave all of us a boost and we thought we should train him for the Special Olympics in 2018.

So, how did this opportunity to do open-sea swimming come up?

After he started training for the Special Olympics, which is scheduled to happen in Abu Dhabi next year, he got selected for the first camp in Goa. But he didn't make it to the second camp. Though he'd qualified, he wasn't selected for some reason, and our parents felt bad about that. To do swimming at that level, he'd have to spend six to seven hours for different physical activities, including walking, cycling, gym exercises, yoga, etc. So, *appa* and *amma* started looking out for some individual event that would take him to greater heights," he says.

Sriram's mother, Vanitha Rajashekarin, interrupts and says, "That's when the idea of making him



Sriram with his parents, Vanitha and Rajashekarin

swim in the open sea came by. We knew that he could do it, and get on board. Sriram K, who's a sea-swimming specialist. Till then, he was being trained by swimming coach Subash Kumar. When we took him for the first swimming session, Sriram himself was doubtful about whether Sriram could do it. But after the session, he was confident. Now, both Subash and Sriram accompany him for sea-swimming training."

Rajalal adds, "The first event was in Goa, where he completed 2.5km. Earlier he used to train in ITI and would occasionally swim for about six to seven hours. He had that physical strength to continuously swim long distances. He



next expedition is to swim across the Palk Strait between India and Sri Lanka, and preparation for it is on. This opportunity to swim at the national level, Sriram, did first to Silver Beach camp by swimming in the sea to his child's play and this was a big challenge.

Sriram's father, Rajashekarin, "It was part of the MCC sea sailing expedition and he completed it in three hours and 20 minutes. What was much appreciated by everyone was that he came in hot and humid conditions with wind speed of about 10 knots. The evening he completed it, a cyclone warning was issued. Now, we're planning to apply for the Lanka Book of Records," he adds.

Vanitha says it's sports that has brought a huge change in Sriram's life. "His IQ level is only 77. He can't just about remember his address and phone number, and struggles to read Tamil newspaper headlines. We had sent him to various schools for the differently-abled kids till he was 20 but it didn't suit him. So we decided to open this centre, and we now have other differently-abled kids training here," she says, adding, "Sports is the only thing that keeps Sriram going. Even today he can walk only if he does physiotherapy, yoga, cycling and swimming. There are several challenges in raising a child like this. Medicines don't do much good; they only make the child drowsy. But once you start accepting the conditions of your child and find ways to keep him/her engaged, you can see the differences."

Rajashekarin adds that Sriram's the boss at the shop in the evenings. "He

wants to do everything his brother does. He comes to the shop every evening and sits at the cash register. Though he can't calculate, he counts the items just as others do. He gives instructions to workers in the shop. When he's here, he's the boss, though I am happy. Sriram is still in attitude of the younger generation towards people with special needs like Sriram's. When he has a conversation on his life, he told/She writes attention to mention other things like with such kids. We're fortunate that there's a lot of support from our extended family. But if he's happy today, the whole world owes to his mother," he signs off with a smile.



HIS NEXT EXPEDITION IS TO SWIM ACROSS THE PALK STRAIT BETWEEN INDIA AND SRI LANKA, AND PREPARATION FOR IT IS ON

— GALAJI SRINIVAS, BROTHER

Sterlite copper plant in Thoothukudi will not be reopened, says collector

Tuticorin, July 31: The controversial Sterlite copper smelter unit in Tamil Nadu's Thoothukudi will not be reopened, the district administration assured on Monday and urged people not to believe rumours.

The Vedantu-owned plant was closed in May after 13 people were killed in police firing during protests against the plant based on allegations of causing health and environmental issues.

According to Sandeep Nanduri, collector, Thoothukudi district, the state government had taken a policy decision in

closing the Sterlite copper smelter plant.

"As the Tamil Nadu government has passed an order for the closure of the copper smelter, we have terminated water, electricity and other facilities to the unit. So there are no chances of reopening it again. People need not panic because of rumors and falsehoods," he said.

Nanduri pointed out that about 99% of the sulphuric acid leak

inside the plant had been removed post closure.

NGT declines stay

The National Green Tribunal (NGT) declined Vedantu's request to grant interim stay on Tamil Nadu Government's order to shut down Sterlite plant in Thoothukudi. It also declined the request to permit Sterlite to maintain the unit and posted the matter for final hearing on August 9.

This is the second time that the NGT has refused

to entertain Vedantu's plea to reopen the smelter plant.

Earlier, on July 5, the NGT refused to grant interim stay on the state government's order for the closure of the copper smelter plant. It also issued notices to the Tamil Nadu Pollution Control Board (TNPCB) and the Tamil Nadu government to file their responses to Vedantu's plea.

NGT declines to grant interim stay on TN's order to shut down

Palsy hit Sriram Srinivas sets record by swimming 5km in sea

Chennai, July 31: Chennai based 25-year-old Sriram Srinivas created a record by swimming 5km in the sea from Cuddalore old town to Silver Beach in three hours 20 minutes during the NCC ocean sailing expedition.

Born with cerebral palsy, Srinivas overcame all odds with the help of his family members, particularly his mother Vanitha Rajasekaran, and went on to clinch several medals in swimming and other sports in national-level championships.

The NCC, which has embarked on a mission to encourage and motivate differentlyabled people indulging in adventurous activities during their routine expeditions, honoured him with 'Achiever Award'.

The Puducherry and Cuddalore units of the



NCC presented the award to him during the ocean sailing expedition undertaken by 42 cadets including 12 girl cadets from Puducherry and Cuddalore.

Sriram was accompanied by his swimming coach R Selvam from Chennai. His achievement under the hot and humid condition and with wind speed touching 60km per hour was well appreciated.

Vadapalani

Second son of Vanitha and Rajasekaran, a couple from Vadapalani in



Chennai, Sriram suffered of cerebral palsy from birth.

Srinivas's mother Vanitha said "He was not able to hold his head upright even six months after birth. He did not roll over too. Diagnosis revealed that he had cerebral palsy. We were shattered, and we spent the next five years seeking treatment. Awareness regarding cerebral palsy was very low during those days. By the time he started physiotherapy exercises

he was eight years old."

Apart from physiotherapy exercises, his activities included yoga, cycling and swimming. He exhibited tremendous interest in swimming and his parents engaged two coaches to train him. He soon started competing in national-level contests including swimming and related aquatic events and walking bagging several medals including two golds.

see PAGE 4
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for following
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- ✦ Business Deals
- ✦ General
- ✦ Education
- ✦ Real Estates
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Cerebral Palsy does not stand in his way to success

□ Sriram Srinivas to take part in Paralympics

SANTHOSH
MATHEVAN

kilometres swimming in the
ocean.

When youngsters these days find it difficult to swim or undermine the prospect of it, Sriram Srinivas has already mastered the sport. A resident of the neighbourhood, Srinivas has already measured a distance of five

The high water mark of his achievement is that he is the first ever known person with Cerebral Palsy and Mental Retardation to achieve the feat. Sriram is also expected to participate with the same conviction in next year's Paralympics, that is to

(Contd. on page 2)

54

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TALK
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Wishes you all a
very Happy birthday

BIRTHDAY KUTTIES



S. B. SAMHITA,
6 YEARS
Saligramam



SHANJAI,
10 YEARS
Alwarthirunagar

Send us photos of your kids along with
their Name; Age ; Area to
tmbirthday@talkmediaonline.com

Cerebral Palsy does not stand in his way...

(from page 1)



'We came to know that Sriram was specially-abled when was a five-month old infant. But, my parents were not ready to accept him as special child and instead treated him like a normal kid'

take place at Abu Dhabi.

Speaking to Vadapalani Talk, Chief Officer, 1-Tamilnadu Medical Unit of the NCC, Vaithiyanathan said, 'As part of its commitment to the noble cause of training the country's youth to be responsible and productive citizens, the NCC is also committed to training specially-abled children and youth in addition to regular students.'

Speaking about Srinivas, Vaithiyanathan, said, 'He is one such specially-abled youth adopted by the NCC who is now motivating other cadets.'

Further, he said, 'Sriram was unable to walk until he was five-years-old. But, his conviction and determination has enabled him to reach such a feat,'

the NCC officer added.

Vaithiyanathan had unending praise for his cadet. 'In a first-ever known feat by a person with Cerebral Palsy and Mental Retardation, Sriram successfully swam a distance of five kilometres in the sea, egged on and motivated by other NCC cadets,' he said.

With his coaches accompanying him, Sriram achieved the feat in a time of three hours and 18 minutes as confirmed by the NCC. The event held at Cuddalore as part of the NCC Ocean Sailing Expedition 2018.

Sriram's brother Balaji Srinivas, overflowing with pride, said, 'The achievements by Sriram will be a

source of great inspiration to all specially-abled children, their parents and their caretakers.'

'We came to know that Sriram was specially-abled when was a five-month old infant. But, my parents were not ready to accept him as special child and instead treated him like a normal kid,' said Balaji

Sriram was given special training in the early part of his life to help overcome his different abilities, his brother said and added, 'The doctor recommended that he be cured with training rather than using medicine. From that low-down point, he is here. Balaji added.

Contact them at 98846 37477.

கடலில் 5 கி.மீ. தொலைவை நீந்திக் கடந்த மாற்றுத் திறனாளி

உடூர் ஜூலை 21 இது காலப்பகுதி வெளித்த மாற்றுத் திறனாளி இளைஞர் உடூரில் கடலில் 5 கி.மீ. தொலைவை சவிக்ஷிணய நீந்திக் கடந்தார்.

இந்திய தேசிய மாணவர் படை பூமி-3 சார்பில் 30 மாணவர்கள், 15 மாணவிகள் சென்னை குடியினர் உட்கூட்டு குழுவினர் உட்கூட்டு குழுவினர் தலையமைக்கப்பட்டுள்ளனர்.

இந்திய தேசிய மாணவர் படை பூமி-3 சார்பில் 30 மாணவர்கள், 15 மாணவிகள் சென்னை குடியினர் உட்கூட்டு குழுவினர் தலையமைக்கப்பட்டுள்ளனர். இந்த குழுவினர் தலையமைக்கப்பட்டுள்ளனர். இந்த குழுவினர் தலையமைக்கப்பட்டுள்ளனர். இந்த குழுவினர் தலையமைக்கப்பட்டுள்ளனர்.



உடூரில் கடலில் 5 கி.மீ. தொலைவை நீந்திக் கடந்த மாற்றுத் திறனாளி.

மாணவர் படை உட்கூட்டு குழுவினர் தலையமைக்கப்பட்டுள்ளனர். இந்த குழுவினர் தலையமைக்கப்பட்டுள்ளனர். இந்த குழுவினர் தலையமைக்கப்பட்டுள்ளனர்.

இந்தகுறும். இதுபற்றும் ஐசிஐ அறிவுரை நீச்சல் பயிற்சி பெற்றார். இந்தோது உட்கூட்டு குழுவினர் தலையமைக்கப்பட்டுள்ளனர்.

இவர், சவிக்ஷிணய சாகசப் படை உட்கூட்டு குழுவினர் தலையமைக்கப்பட்டுள்ளனர். இந்த குழுவினர் தலையமைக்கப்பட்டுள்ளனர். இந்த குழுவினர் தலையமைக்கப்பட்டுள்ளனர்.

நீர் வரத்து சீரானதால் சுருளி அருவியில் குளிக்க அனுமதி

கடல் ஜூலை 21 தேசிய மாணவர் படை உட்கூட்டு குழுவினர் தலையமைக்கப்பட்டுள்ளனர்.

நீர் வரத்து சீரானதால் சுருளி அருவியில் குளிக்க அனுமதி. இந்த குழுவினர் தலையமைக்கப்பட்டுள்ளனர். இந்த குழுவினர் தலையமைக்கப்பட்டுள்ளனர்.



தேசிய மாணவர் படை உட்கூட்டு குழுவினர் தலையமைக்கப்பட்டுள்ளனர்.

6 நாள் காலம் விடுவதற்கு நீர் வரத்து சீரானதால் சுருளி அருவியில் குளிக்க அனுமதி.



கடலில் 5 கிலோ மீட்டர் நீந்தி மாற்றுத்திறனாளி இளைஞர் சாதனை

கடலூர், ஜூலை 31-
கடலில் 5 கிலோ மீட்டர் நீந்தி
மாற்றுத்திறனாளி இளைஞர்
சாதனை படைத்துள்ளார்.

கடலூர் என்.சி.சி. கம்பல் படை
சார்பில் கமாண்டர் தினகரன்,
லெப்டினன்ட் காமாண்டர் சிவசங்கரன்
தலைமையில் 12 மாணவிகள்
உள்பட 12 பேர் கடந்த 10-ந் தேதி
புதுவையில் இருந்து கடலூர் வழியாக
தூத்துக்குடி வரை 450 கி.மீ. கடலில்
சாகச பாய்மரப் படகுப் பயணம்
மேற்கொண்டனர்.

இதன் பகுதியாக கடலூரில்
சென்னை சேர்ந்த மாற்றுத்திறனாளி
இளைஞர் ஸ்ரீராம் சீனிவாஸ் (வயது
28) கடலில் நீந்தி சாதனை படைக்கும்
நிகழ்ச்சி நடந்தது.

ஸ்ரீராம் சீனிவாசுக்கு பிறவியிலேயே
பெருமூளை வாதம் மற்றும்
மன வளர்ச்சி குறைபாட்டால்
பாதிக்கப்பட்டார்.

இயல்பாக
பேசுவோர் நடக்கவோ இயலாதவர்.
மற்றவர்களின் பேச்சுகளை
புரிந்துகொள்வதிலும் சிரமம்
இருந்தது.

இதனால் இவரின்
பெற்றோர் சோர்ந்துவிடாமல்
வயதிலேயே ஸ்ரீராமுக்கு நீச்சலில்
ஆர்வம் இருப்பதை கண்டுபிடித்து
தொடர்ந்து நீச்சல் பயிற்சி கொடுத்து
வந்தனர்.

ஆரம்பத்தில் நீரில்
மிதக்க மட்டுமே செய்தார். பிறகு
ஆசிரியர்களின் பயிற்சியாலும்,
அவரின் முயற்சியாலும் நன்றாக
நீந்த தொடங்கினார்.

மாவட்ட, மாநில, தேசிய அளவிலான
மாற்றுத்திறனாளிகளுக்கான
பல போட்டிகளில் பங்கேற்று
பதக்கங்களை வென்றுள்ளார்.

இன்றைய இளைஞர்கள் மத்தியில்

உள்ள தாழ்வு மனப்பான்மை
நீங்கவும், எதிர்காலத்தில் வரும்
சவால்களை சந்திக்க இடைக்கிற
வாய்ப்புகளையெல்லாம்
பயன்படுத்தி முழுமுயற்சியுடன்
தன்னம்பிக்கையோடு உழைத்தால்
சாதனை படைக்கலாம் என்பதற்கு
ஏற்ப இந்த நிகழ்ச்சிக்கு ஏற்பாடு
செய்யப்பட்டு இருந்தது.

மாற்றுத்திறனாளி இளைஞர் ஸ்ரீராம்
சீனிவாஸ் என்.சி.சி. மாணவர்களின்
பாய்மர படகு பயணம் செய்யும்
போது கடலூர் துறைமுகத்தில் இருந்து
தேவனம்பட்டினம் வரை சுமார் 5
கிலோ மீட்டர் கடலில் நீந்தி சாதனை
படைத்தார். இந்த சாகச நிகழ்ச்சியை
கூடுதல் துணை போலீஸ் சூப்பிரண்டு
விராகவன் தொடங்கி வைத்தார்.

ஸ்ரீராமின் இந்த சாதனையை
கப்பற்படை அதிகாரிகள் உட்பட
பலரும் பாராட்டினர்.

ஸ்ரீராம் சீனிவாஸ் ஏற்கனவே
கோவாவில் நடைபெற்ற நீச்சல்
போட்டியில் கலந்து கொண்டு கடலில்
இரண்டரை கிலோ மீட்டர் தூரம் வரை
நீந்து சென்று சாதனை படைத்துள்ளார்
என்பது குறிப்பிடத்தக்கது.

பாரா ஒலிம்பிக்சில் பங்கேற்று
பதக்கம் வாங்க வேண்டும் என்பது
தான் ஸ்ரீராமின் ஆசை ஆகும்.

புதுவை குழுமத்தின் தலைவர்
கர்னல் ஜெயசந்திரன், கோவை குழும
தலைவர் பீட்டர், கடலூர் துணை
போலீஸ் சூப்பிரண்டு லாமேசு,
முதுநகர் போலீஸ் இன்ஸ்பெக்டர்
எழுமலை, என்.சி.சி. அதிகாரிகள்
லிரேம்குமார், ஜார்னாபர்ட்,
மோகன் ஆரோக்கியராஜு, வளனார்
ஆரோக்கியதாஸ் மற்றும் துறைமுக
அதிகாரிகள் உடன் இருந்தனர்.

मजबान बिहार बना उपावजता

जागरण संवाददाता, पटना : पाटलिपुत्र खेल पारसर में आयोजित राष्ट्रीय स्पेशल ओलंपिक खेल बॉन्ची के वए साइड के एम-3 में बिहार की टीम फाइनल में पश्चिम बंगाल से हार गई और उसे उपावजता में सतोष करना पड़ा। इसके गुप 1 में नागालैंड, दो में तामिलनाडु, चार में महाराष्ट्र व पाच में हिमाचल प्रदेश ने स्वर्ण जीता, कर्नाटक, उतराखण्ड, चडीगढ़, मध्य प्रदेश को रजत, पांडिचेरी, यूपी, ओडिशा, बिहार वी, राजस्थान को कांस्य से सतोष करना पड़ा।



निशाना साधते प्रतिभागी। जागरण



जानकारी देते बीपीए अध्यक्ष

... तो बीपीए करेगा राज्यभर में आंदोलन

जागरण संवाददाता, पटना : राज्य में खेल के विकास के लिए सरकार द्वारा चलाये गए कार्यक्रम की फाइल अगर सचिवालय के मकड़जाल से जल्द नहीं निकाला गया तो बिहार प्लेयर्स एसोसिएशन राज्यस्तरीय आंदोलन करेगा। बीपीए अध्यक्ष मृत्युंजय तिवारी ने शुक्रवार को संवाददाता सम्मेलन बताया कि सरकारी खेल योजनाओं का लाभ खिलाड़ियों तक सही तरीके से नहीं पहुंच पा रहा है। खिलाड़ियों को न तो बेहतर खेल संसाधन मिल रहे हैं और न ही रोजगार। सरकार राज्य में खेल के विकास के लिए बेहतर रोडमैप तैयार करे। खेल के जानकारों, खेल संघों के प्रतिनिधियों और खेल के क्षेत्र में विकसित राज्यों के प्रतिनिधियों एवं विभाग के आलाधिकारियों की विशेष बैठक बुलाकर सबों की रायशुमारी से खेल व्यवस्था को दुरुस्त करने का ठोस पहल की जाय।

सीपी सेवन फुटबॉल टीम खाना

30 अगस्त से तिरुपति में होने वाली 15वीं राष्ट्रीय सीनियर सीपी सेवन ए साइड फुटबॉल प्रतियोगिता में राज्य टीम खाना हो गई। यह जानकारी संघ के सचिव संजीव कुमार ने दी। टीम : लक्ष्मण सिंह कप्तान, सोनू बाबू उप कप्तान, आदित्य देव सिंह, धर्मेन्द्र, मनीष, सीताराम, सुबोध, मुकेश, कोच : अमित सिंह, मेनेजर रोहित राय।



CP 7-A Side Football Assoc

மனவளர்ச்சி குன்றியோர் நீச்சல் 72 வீரர், வீராங்கனைகள் பங்கேற்பு



சிறப்பு ஒலிம்பிக் நீச்சல் போட்டியில் பங்கேற்றவர்கள்.

வேப்பேரி, ஆக. 21- மாநில அளவில் மன வளர்ச்சி குன்றியோருக்கான, சிறப்பு ஒலிம்பிக் நீச்சல் போட்டியில், 72 வீரர், வீராங்கனைகள் பங்கேற்று அசத்தினர்.

தமிழ்நாடு சிறப்பு ஒலிம்பிக் பாரத் சார்பில், மாநில அளவில் மனவளர்ச்சி குன்றியோருக்கான சிறப்பு ஒலிம்பிக் நீச்சல் போட்டி, வேப்பேரியில் உள்ள, 'மை லேடி' பூங்கா மாநகராட்சி நீச்சல் குளத்தில் நேற்று நடந்தது.

மாநிலம் முழுவதும் இருந்து, 16 பெண்கள், 56 ஆண்கள் என, 72 வீரர், வீராங்கனைகள் பங்கேற்றனர். ஐந்து வகையான வயது பிரிவுகளில், போட்டி நடந்தது. அதில், வெற்றி பெற்றவர்களுக்கு பதக்கம், சான்றிதழ்

வழங்கப்பட்டன.

மும்பையில், வரும் செப்., 19ம் தேதி துவங்கி, 21ம் தேதி வரை, தேசிய அளவிலான சிறப்பு ஒலிம்பிக் நீச்சல் போட்டி நடக்கவுள்ளது. தமிழகத்தின் சார்பில், மாநில போட்டியில் அபிஷோக், கோகுல் சீனுவாசன், ஆகாஷ், நெல்சன், ஸ்ரீராம் சீனுவாசன் ஆகிய ஐந்து பேர் தேர்வு பெற்றுள்ளனர்.

பெண்களில் ஆர்த்தி கிருஷ்ணமூர்த்தி, வித்யா, நந்திதா ஆகிய மூன்று பேரும் பங்கேற்கவுள்ளனர். தேசிய போட்டியில் வெற்றி பெறும் வீரர், வீராங்கனைகள், 2019ம் ஆண்டு நியூசிலாந்தில் நடக்கவுள்ள, உலக சிறப்பு ஒலிம்பிக் நீச்சல் போட்டியில் பங்கேற்பர்.

PHOTOGRAPHS

सोमवार 3 दिसंबर, 2018, विज्ञान भवन, नई दिल्ली
Monday, the 3rd December, 2018, Vigyan Bhawan, New Delhi





दिव्यांगजन सशक्तिकरण विभाग
सामाजिक न्याय और अधिकारिता मंत्रालय
भारत सरकार

Department of Empowerment of Persons with Disabilities (Divyangjan)
Ministry of Social Justice & Empowerment
Government of India

दिव्यांगजन सशक्तिकरण हेतु राष्ट्रीय पुरस्कार 2018

International Awards for the Empowerment of Persons with Disabilities (Divyangjan), 2018

सोमवार 3 दिसंबर, 2018, विज्ञान भवन, नई दिल्ली
Monday, the 3rd December, 2018, Vigyan Bhawan, New Delhi





THE INSPIRING STORY OF
SRIRAM
SRINIVAS
RAJASEKARAN

A man who proved that
multiple disabilities can
never be a barrier

Glimpse into the life of Sriram: Sriram's Medical Condition

Loco-Motor

Disability 90%

- This means that he would not be able to stand without any external support
- And also his movements were severely restricted
- As a child his developmental milestones were delayed and during his early childhood (until 10years), his movements were to the bed. He would not even sit on his own

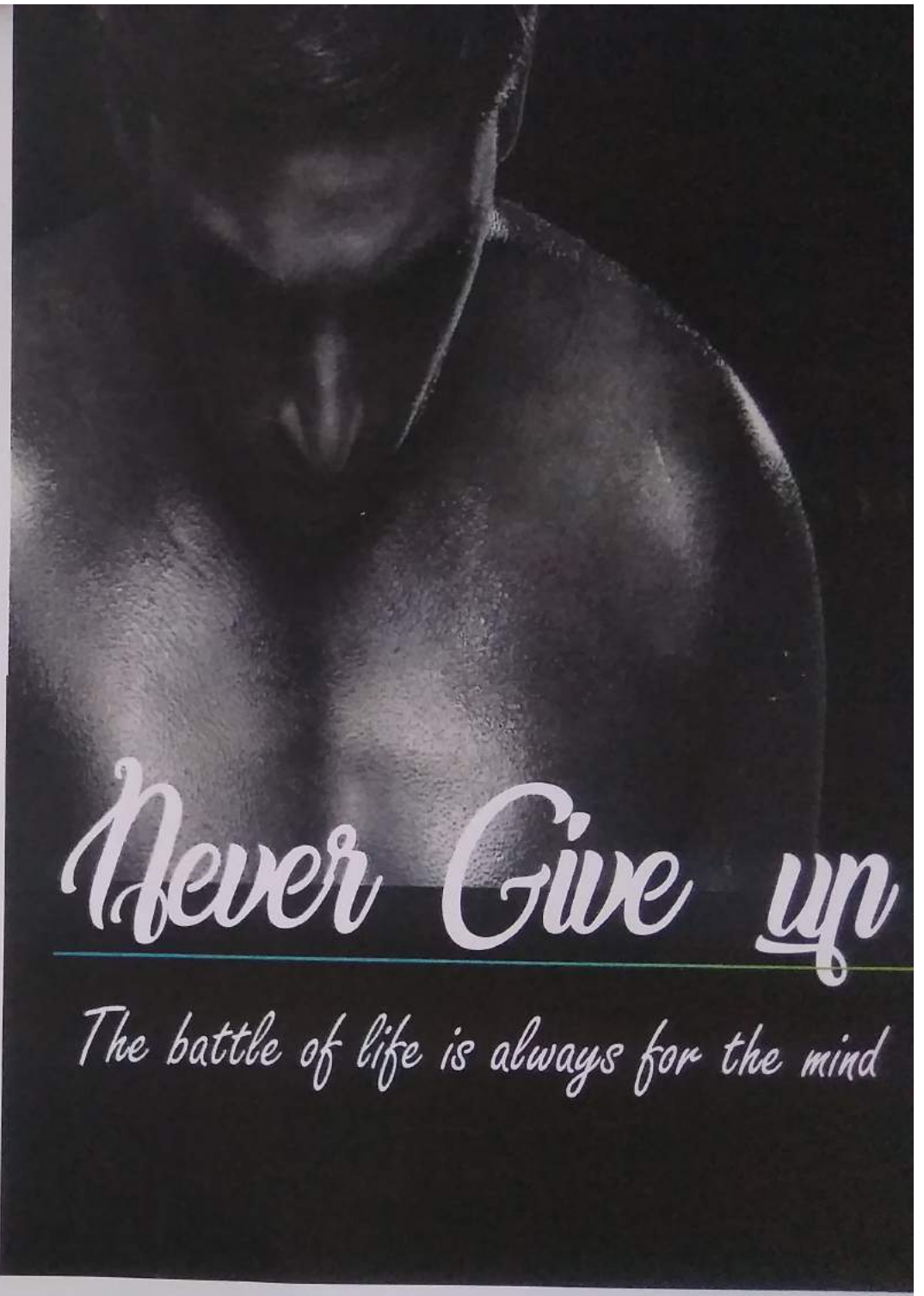


Mental Retardation
83%

- Perceptual Disabilities
- Communication Disabilities
- Short Attention Span
- Motor planning Difficulties
- Difficulties in fine motor & Gross motor coordination and communication
- Learning Disabilities

This journey of
SRIRAM SRINIVAS
was never that easy

It took him 20 years of sheer disciplined hard work, determination, courage, perspiration and an equally supportive parents for him to have achieve his goals.



Never Give up

The battle of life is always for the mind



THE INSPIRING STORY OF
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A man who proved that
multiple disabilities can
never be a barrier

Glimpse into the life of Sriram:

The battle between the body & the mind



Physical Warfare

Loco-motor disability severely restricted his movements. This by itself was a huge battle he fights every day



Disappointment

This loco-motor disability brought him immense disappointment



Frustration

And frustration especially when he realized that he can not walk, play or be like the boy next door



Anger

His frustration arising out of his inability, very often reduced his confidence and provoked anger which he always vented on his dear mother



Emotional Battle

He often fought the emotional battle with his mom by his side. As you can say is, it always INTENSE !!!

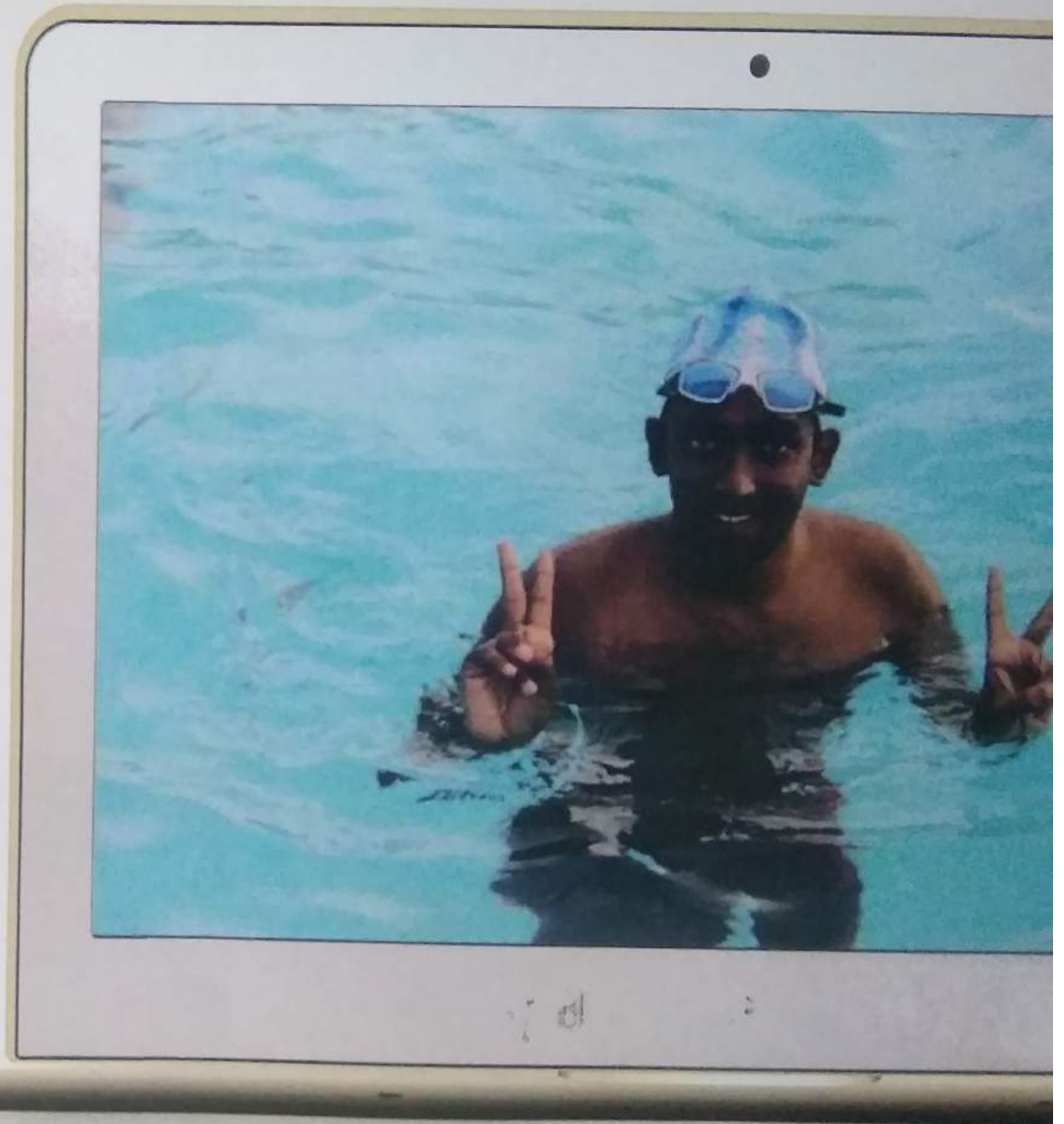
A Glimpse into the life of Sriram:

The turning point

When life seems to beat you; dare to fight back

His mom introduced him to swimming with 2 intentions

- Hydrotherapy; to strengthen his legs
- To keep him occupied and never let his disappointment turn into frustration and anger



That
LITTLE THINGS
that brought us, joy !!

It was a really emotional moment for the entire family. Sriram could swim !!! As a mother, not only was she happy that he could swim, she was also happy that he took that little step ahead, to fight life back.

66

64



The First Milestone

Swimming 25mtrs across the pool



COMPETITIVE SPORTS

ing point in Sriram's life

The **BATTLE** has just began

Soon, Sriram got an opportunity to compete at sports.. His first recognition was a 4th place certificate of participation for competing in 50mtr freestyle swimming held at Mandya in Karnataka in 2013. Since then there has been no turning back for Sriram. He competed and **earned and won** several laurels at national & International levels and he continues to do so.

ATHELETICS

11

laurels & recognitions earned to his credit

SWIMMING

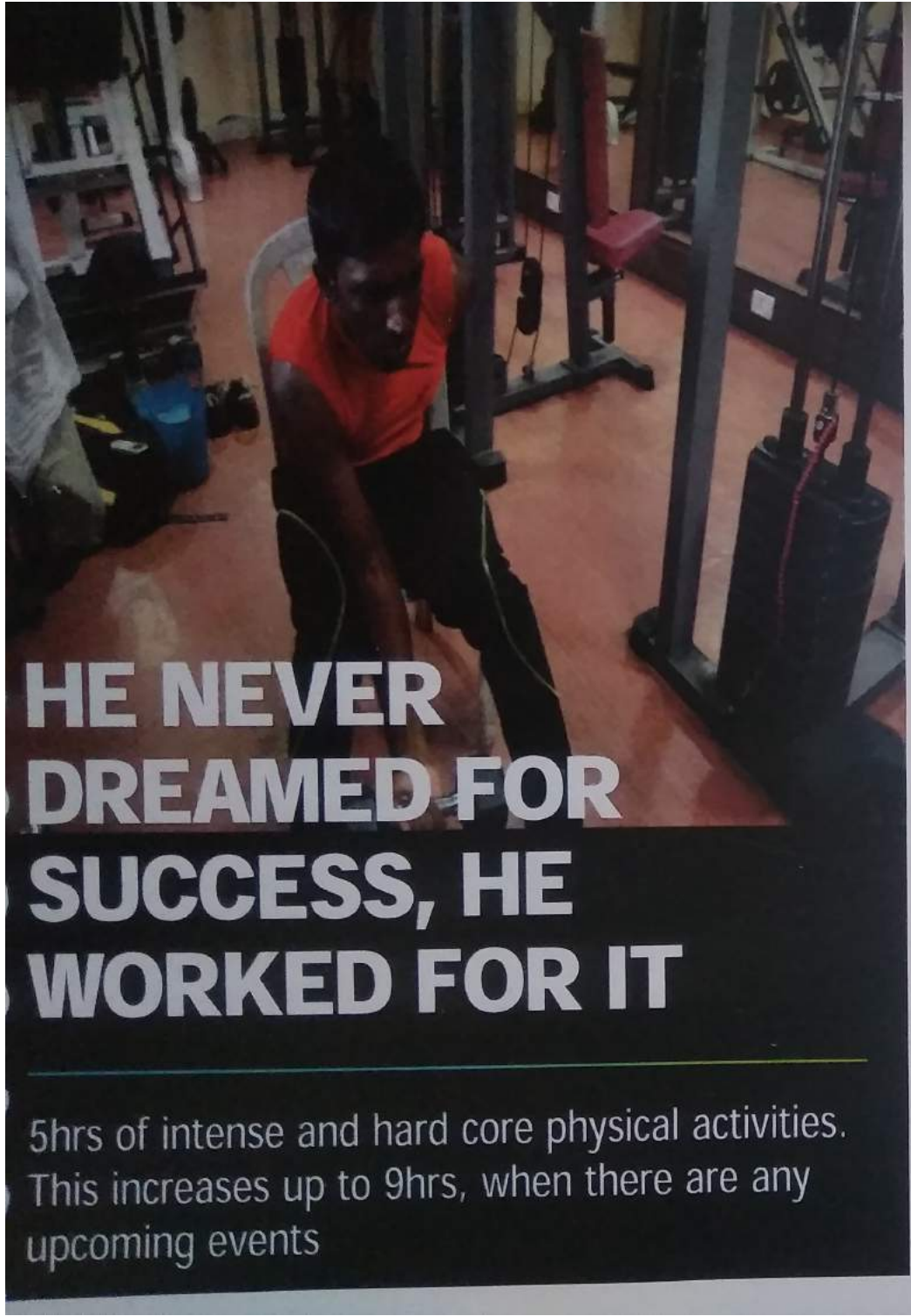
12

laurels & recognitions earned to his credit

OPEN WATER SWIMMING

4

laurels & recognition earned to his credit



**HE NEVER
DREAMED FOR
SUCCESS, HE
WORKED FOR IT**

5hrs of intense and hard core physical activities.
This increases up to 9hrs, when there are any
upcoming events

HIS ROUTINE



Yoga

1hour of Yoga
every Day
(5:00am – 6:00am)



Cycling

1hr of Cycling
every day
(6:30am – 7:30am)



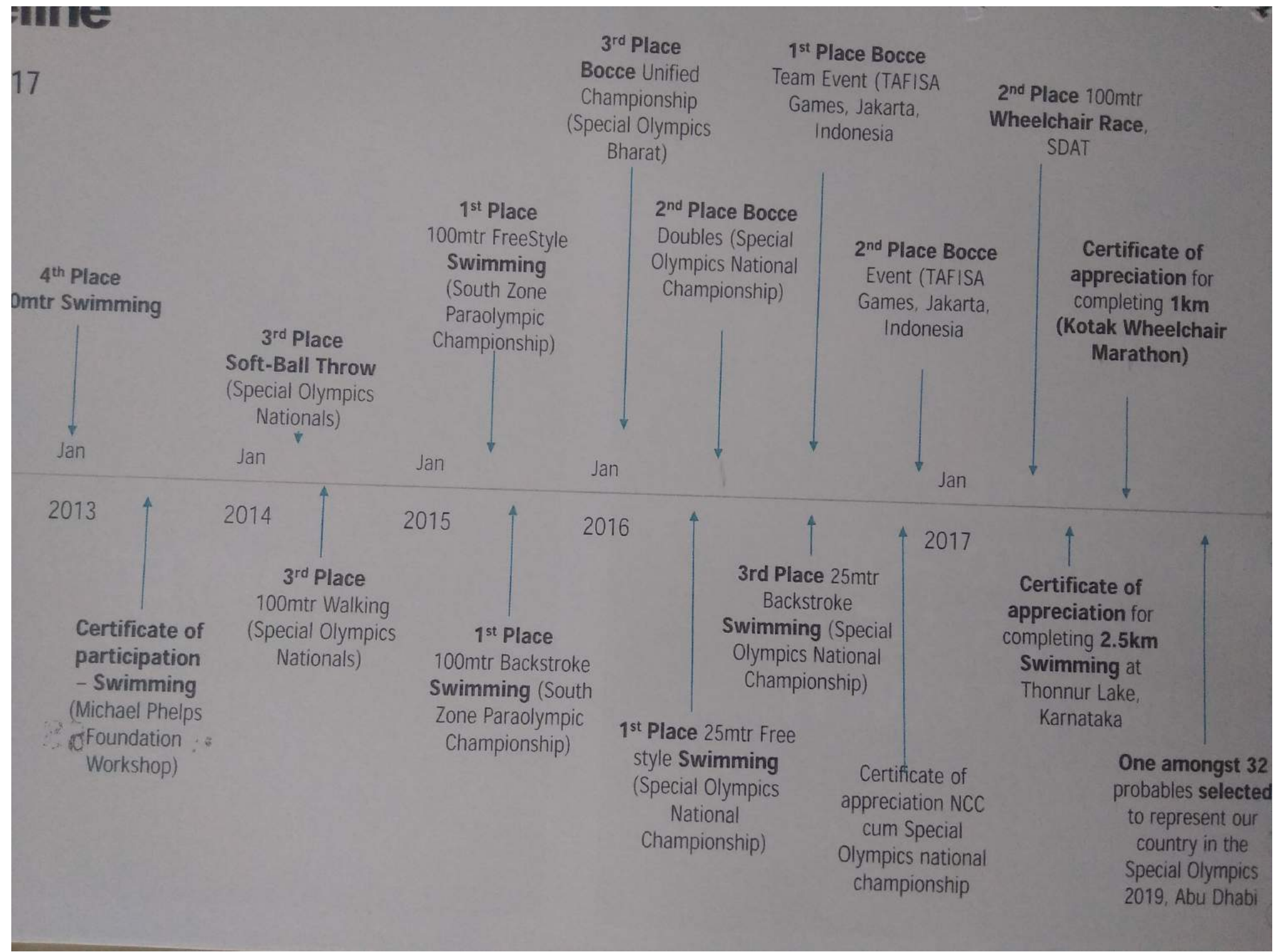
Swimming

2hrs of Swimming Every day,
this 2 hours increases to 6
hours when there are any
upcoming competitions
(2:00pm – 5:00pm)



67 Gym

1hr of Gym
every day
(6:30pm – 7:30pm)



Timeline

Achiever Award for Completing

5.00kms swimming at Open Sea in 3hrs 18mins

Ocean Sailing Expedition 2018

"Samudra Pheri" NCC DTE TN,P & AN, Cuddalore (T.N)

Ministry of Defence, Govt of India

2018

Completed 2.5kms Swimming
at open sea in Goa, Event
conducted by Square Off Sports

INSPIRATIONAL SWIMMERS
award and medal
for completing 2.5km
swimming at SDAT Aquatic
Complex, Velachery, Event
conducted by CHENNAI STAR
SWIMMERS

Certificate of Completion
25km Cycling in Cyclothon

Jan

Feb

Mar

July

Aug

SEPT

OCT

2018

1st Place in Aquatics Event
conducted by
Ministry of Youth Affairs and
Sports, Tamil Nadu

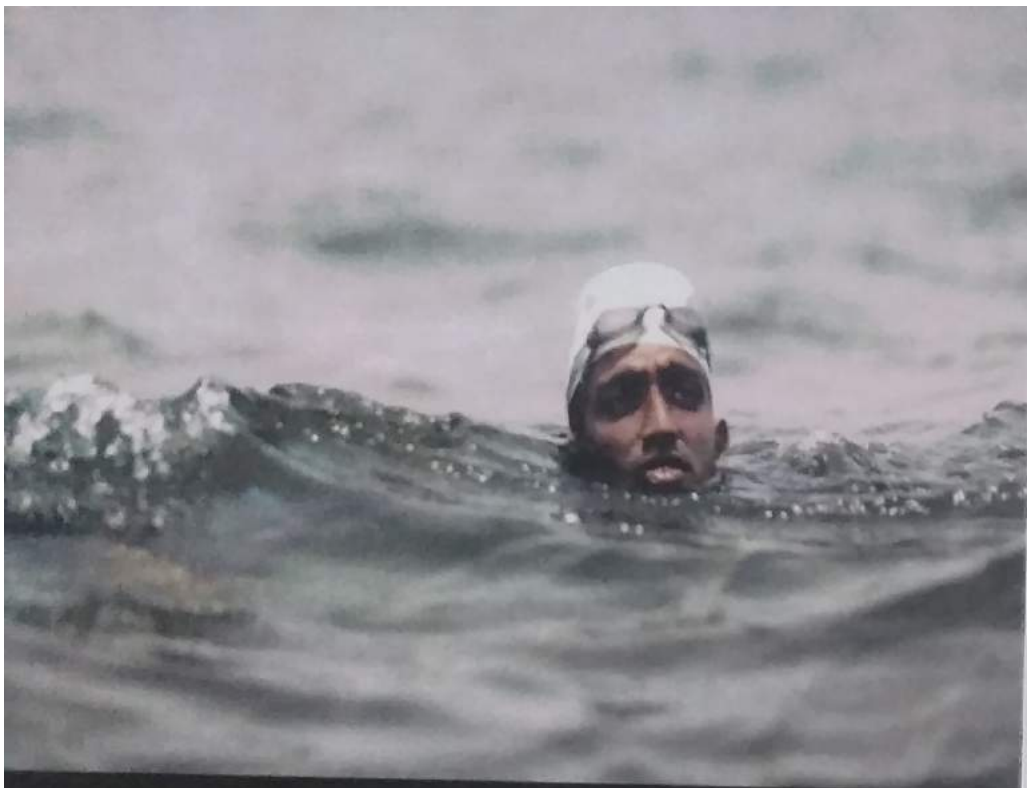
Certificate of
appreciation for
completing 1km
Swimming at
Thonnur Lake,
Karnataka

Certificate of Completion

30km Cycling in Cyclofun 2018
in the event conducted by A
round table 30 & Ladies Circle
100

Today
before
sharing
the

68



OCEAN SWIMMING IS NO CAKE WALK

It requires immense courage, determination and hard work to brave against all odds and swim at sea braving various dangers ranging from underwater currents to dangerous marine life

DANGERS AT SEA



RIP Currents

These narrow current of water which moves directly from the shore, cutting through the lines of breaking like a river running out to sea can be extremely dang and is strongest near the surface of the water



Marine Lives

Dangerous marines, especially Jelly fishes have to be countered upon while swimming at Indian Seas



Unclean Water

Water can be unclean and polluted causing rashes and other skin allergies



SRIRAM SRINIVAS

From a boy who struggled to
stand to a man who swam
5 kms at sea

With his 2 swimming trainers
Mr.Satish & Mr.Selvam



SRIRAM SRINIVAS RAJASEKARAN

was awarded

"ACHIEVER AWARD" during the
OCEAN SAILING EXPEDITION
2018

"SAMUDRA PHERI"

NCC Directorate Tamil Nadu, Puducherry & Andaman and
Nicobar

Ministry of Défense, Govt. of India

on

21st July 2018



SRIRAM SRINIVAS RAJASEKARAN

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"ACHIEVER AWARD" during the

OCEAN SAILING EXPEDITION

2018

"SAMUDRA PHERI"

Directorate Tamil Nadu, Puducherry & Andaman and Nicobar

Ministry of Défense, Govt. of India

on

21st July 2018

Our sincerest gratitude to

Commodre Vijesh K Garg

(Deputy Director General of NCC Directorate, Tamil Nadu)

Col. HSS Krishna Kumar

(Director of NCC Directorate, Tamil Nadu)

Col. Peter Celestine

(Group Commander, Coimbatore)

Col. Jeyachandran

(Group Commander, Puducherry)

Cdr. Dinakaran

(NCC GP, Puducherry)

Dr. Henry Prakash

(Christian Medical College & Hospital, Vellore)

Dr. Paul Deva Sagayam

(Area Director, Special Olympics Bharat, Tamil Nadu)

Mr. Satish & his team

(Sriram's Swimming Coach)

Mr. Selvam R

(Sriram's Sea Swimming Coach)

70

Story of Sriram Srinivas

Documented by :

SAI SRIRAM TRUST

Empowering Special Children

Regd No: 120 DT 03.07.2017

VANITHA RAJASEKARAN

M/o Sriram Srinivas

(Secretary)

44/1, Saidapet Road, Vadapalani

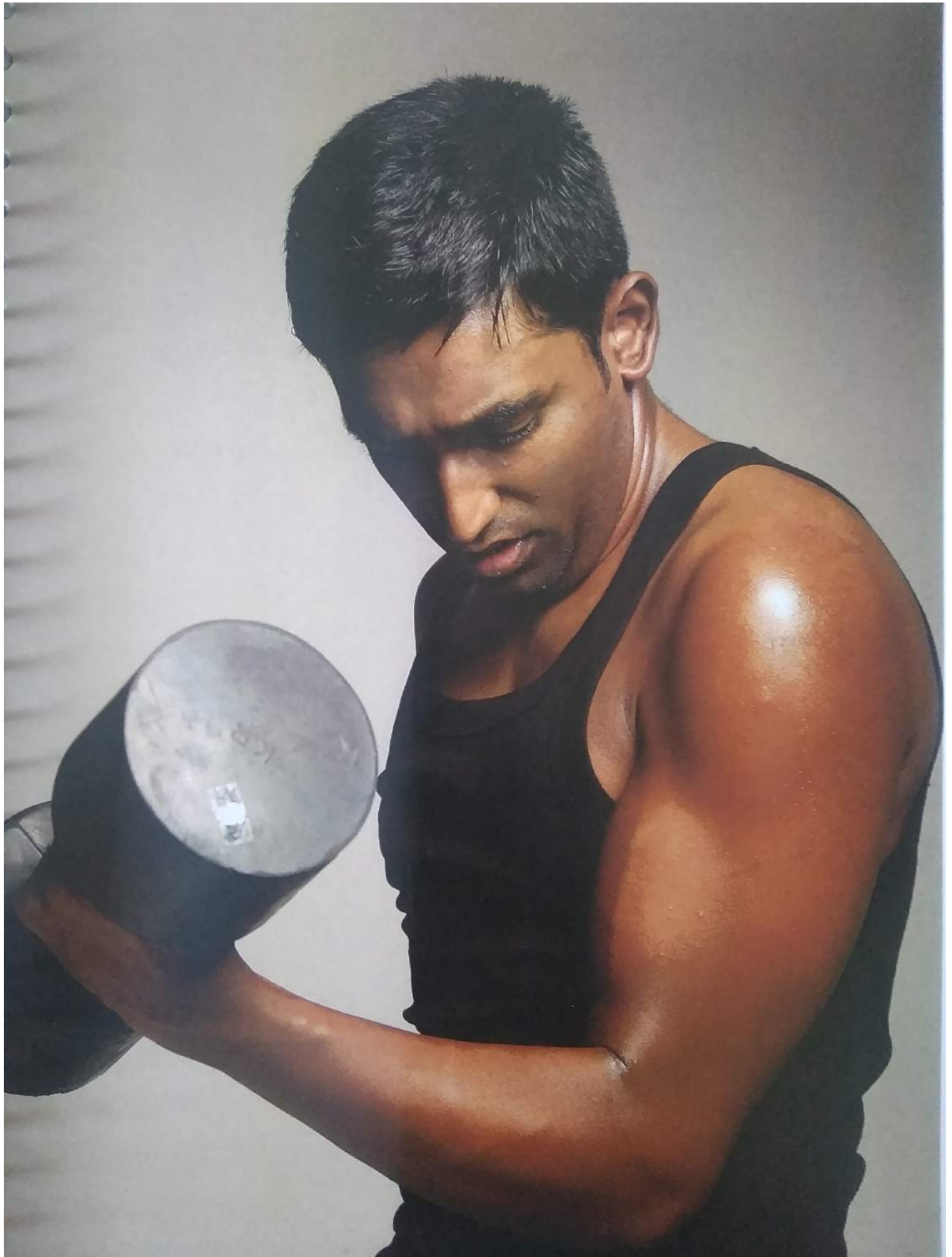
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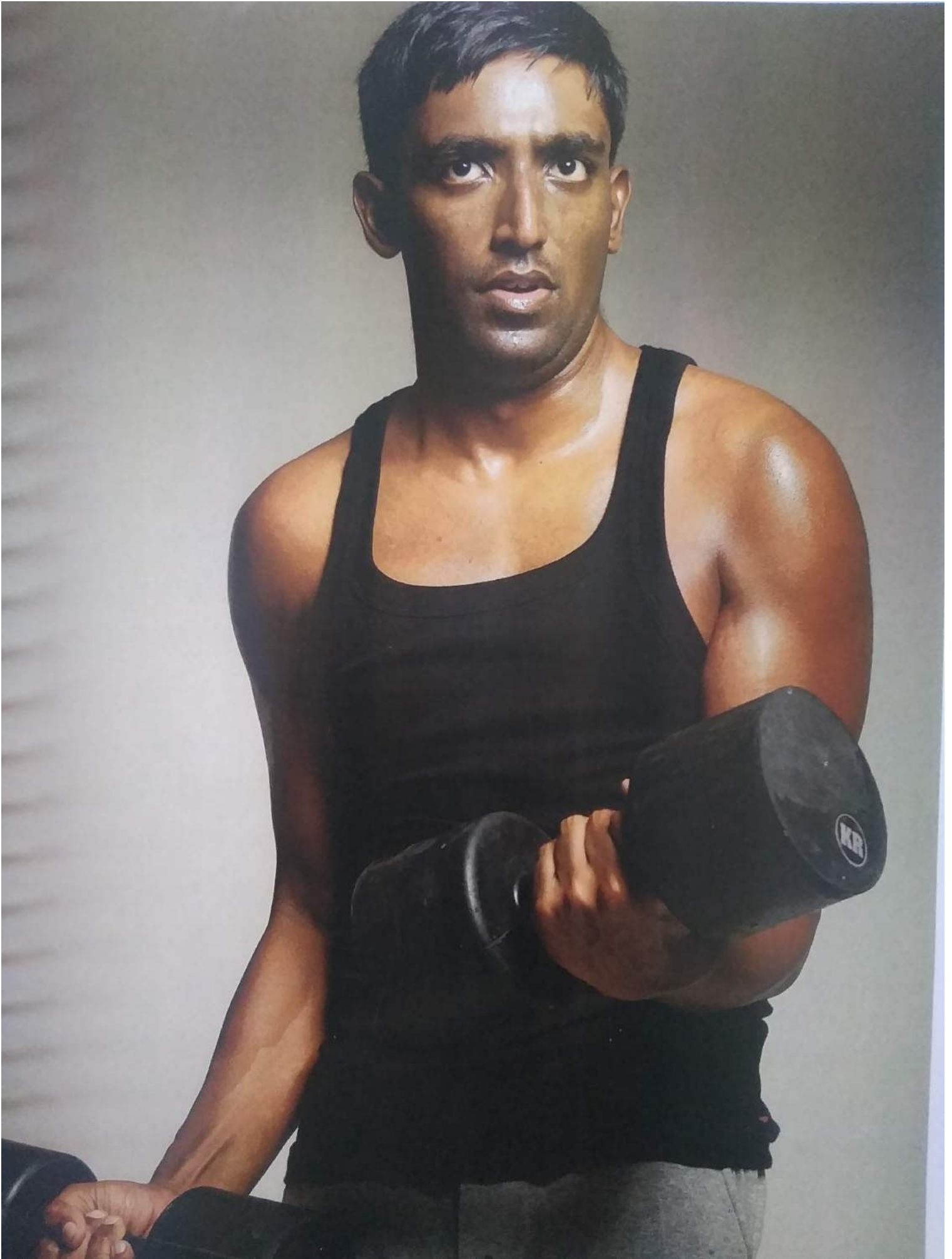
E: mailstovanitha@gmail.com

balaji.asbs@gmail.com

M: 9500040969 / 9444046904

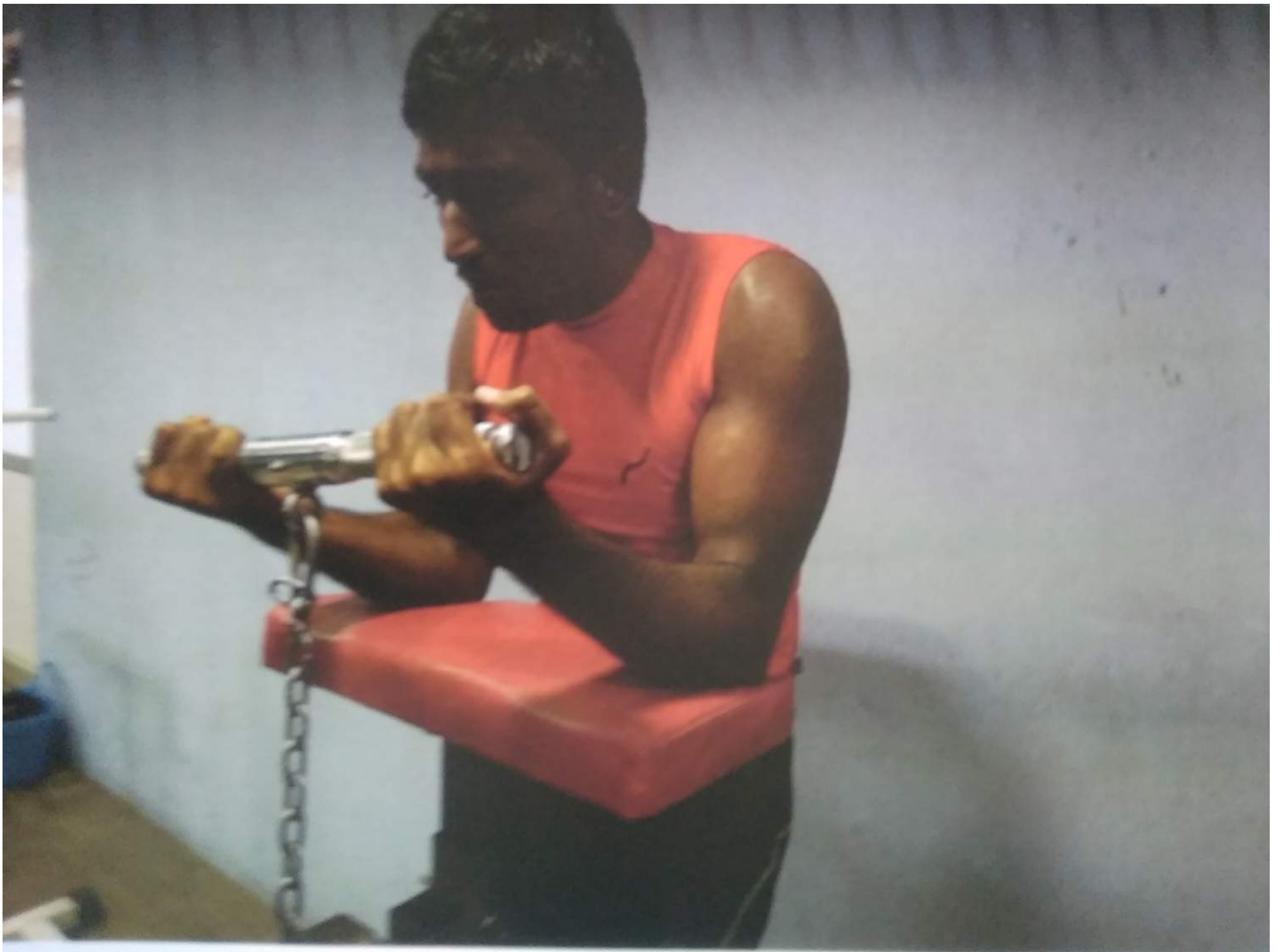




















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NCC-BOCCF
NATIONAL CHAMPIONSHIP

Special Olympics

राष्ट्रीय एवं राष्ट्रीय स्तर पर

विद्यार्थी
विद्यार्थी
विद्यार्थी

त्र
YMC
CS
BIHAR



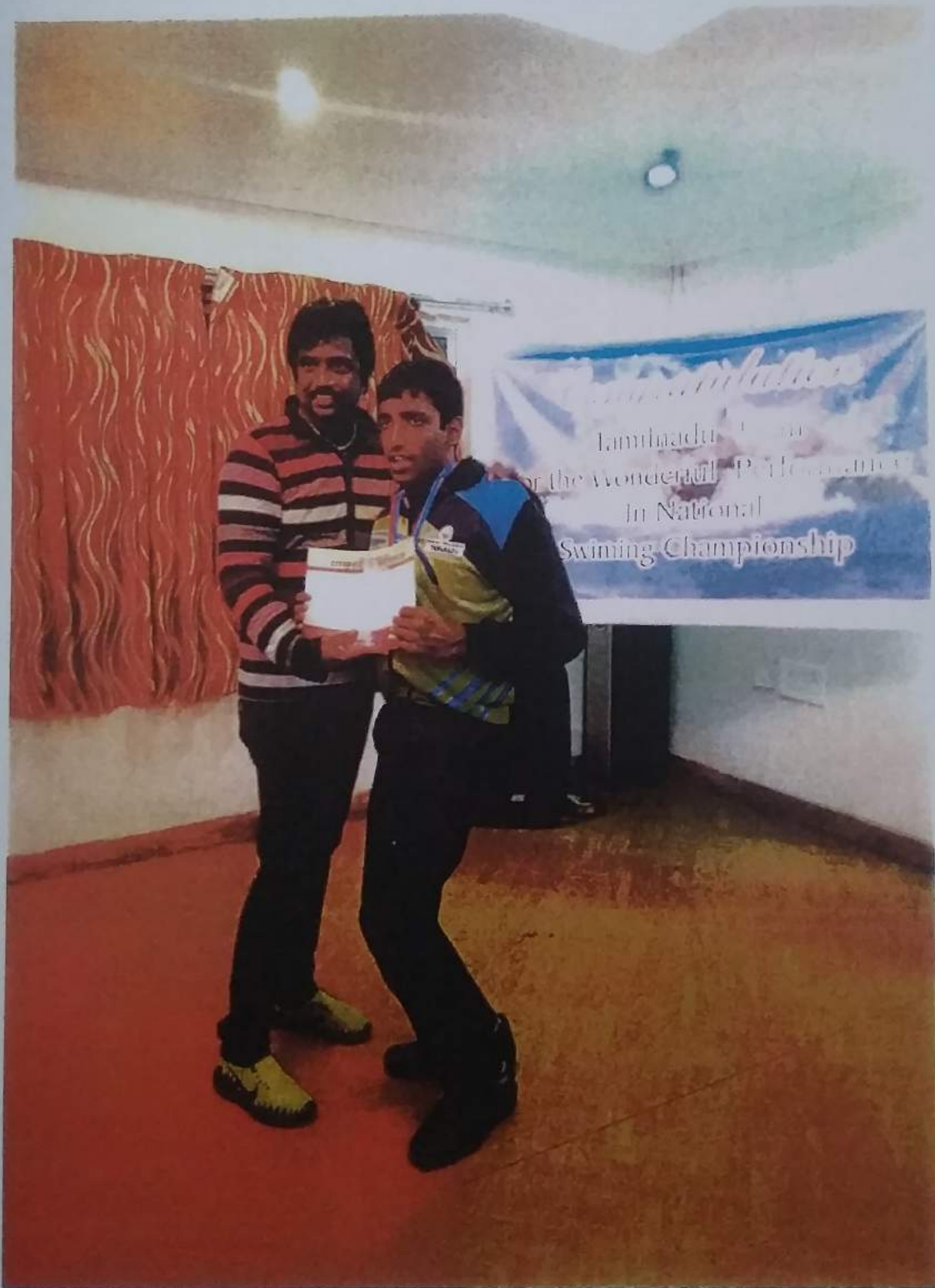


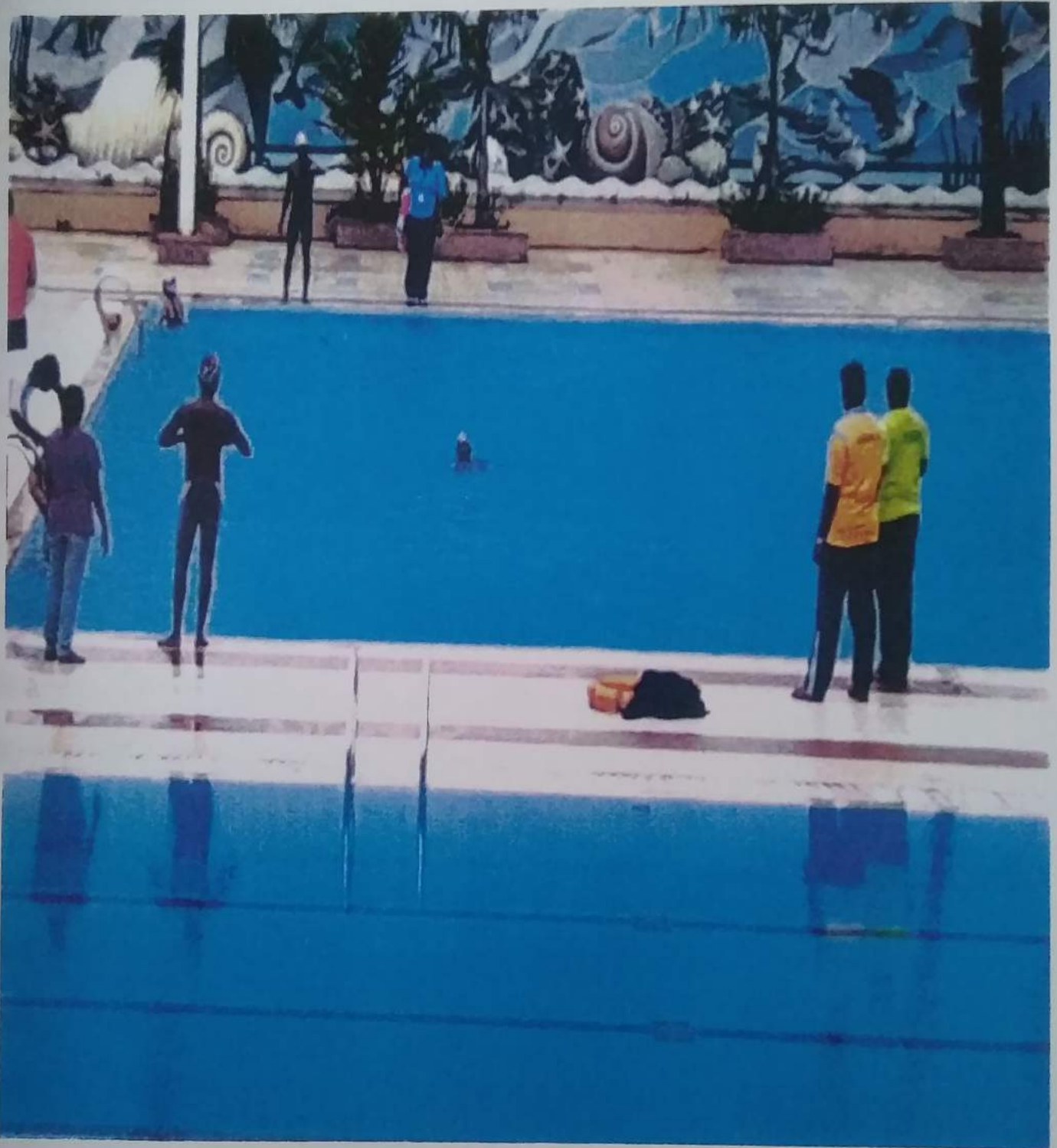
2016 NCC CUM NATIONAL

19th September

Hosted by :-







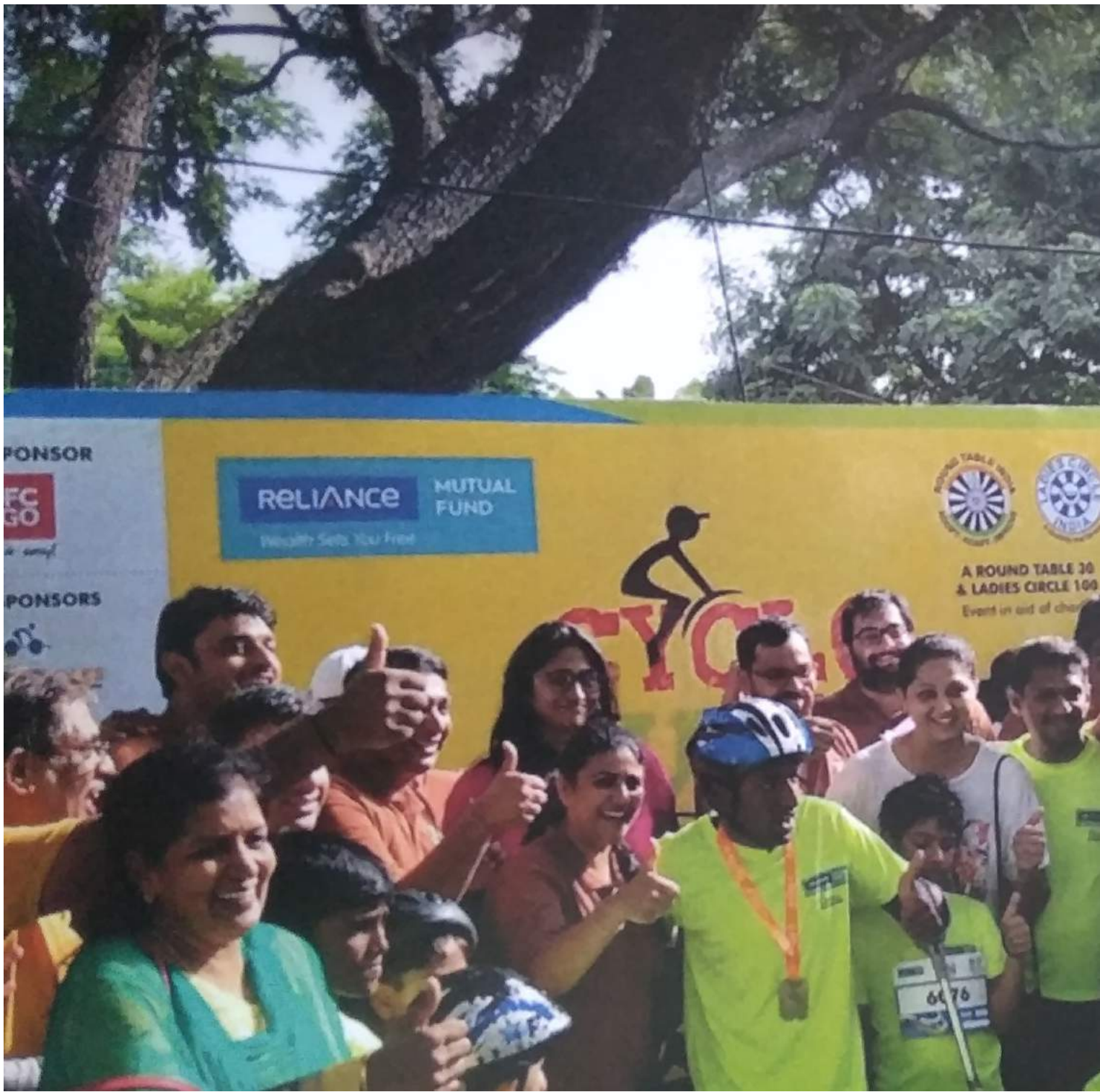














RELIANCE MUTUAL FUND
Wealth Sets You Free



CYCLO FUNTS

Certificate of Completion

Mr. [Name]

Completed the [Event Name]

on [Date]

Presented by
YOSKA.in

I DONT SWEAT.
I SPARKLE!



HONNUR
SWIMATHON
2019: 4TH EDITION



 *On a
Break*

DECATHLON
SPORT FOR ALL | ALL FOR SPORT

SPARSH
HOSPITAL

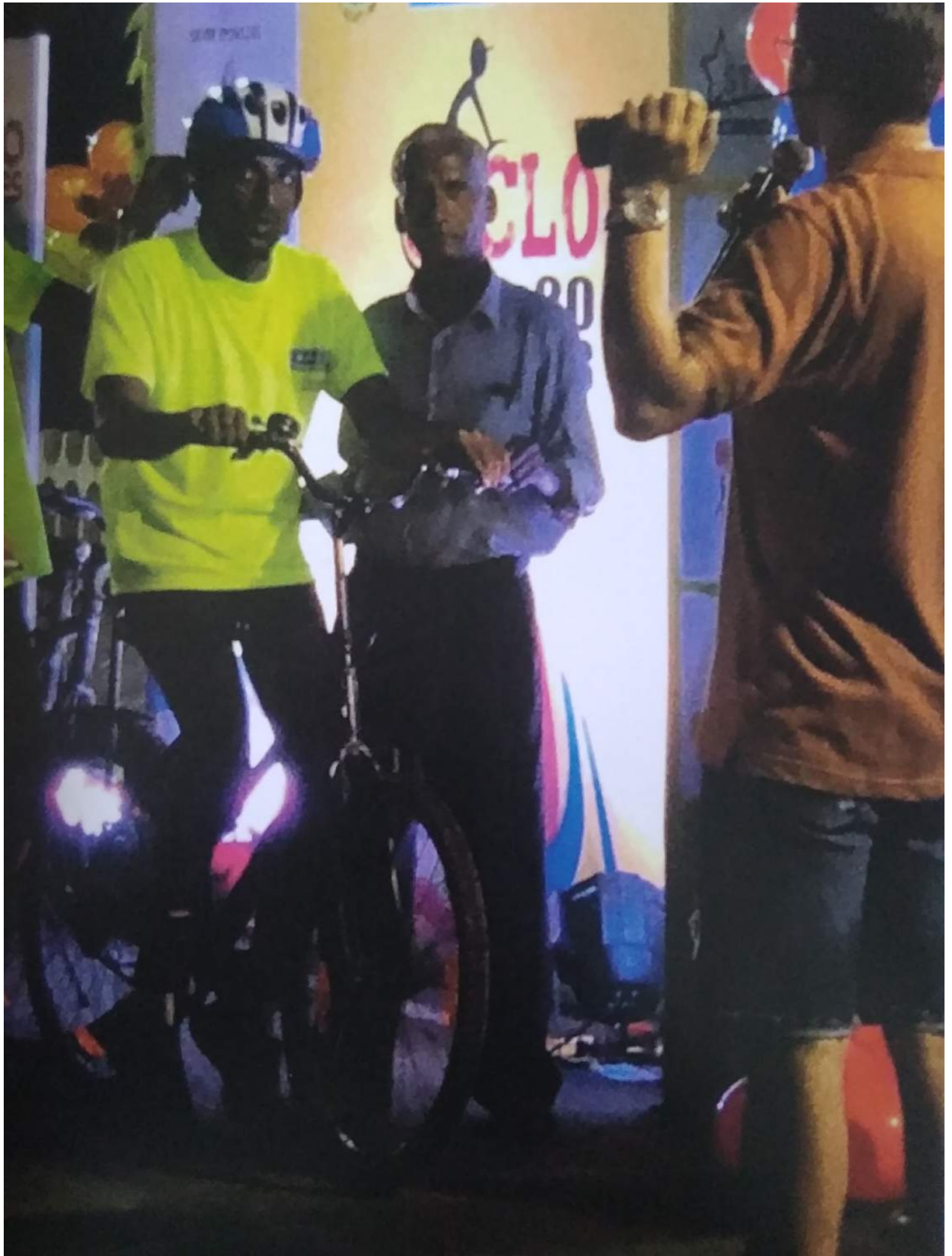














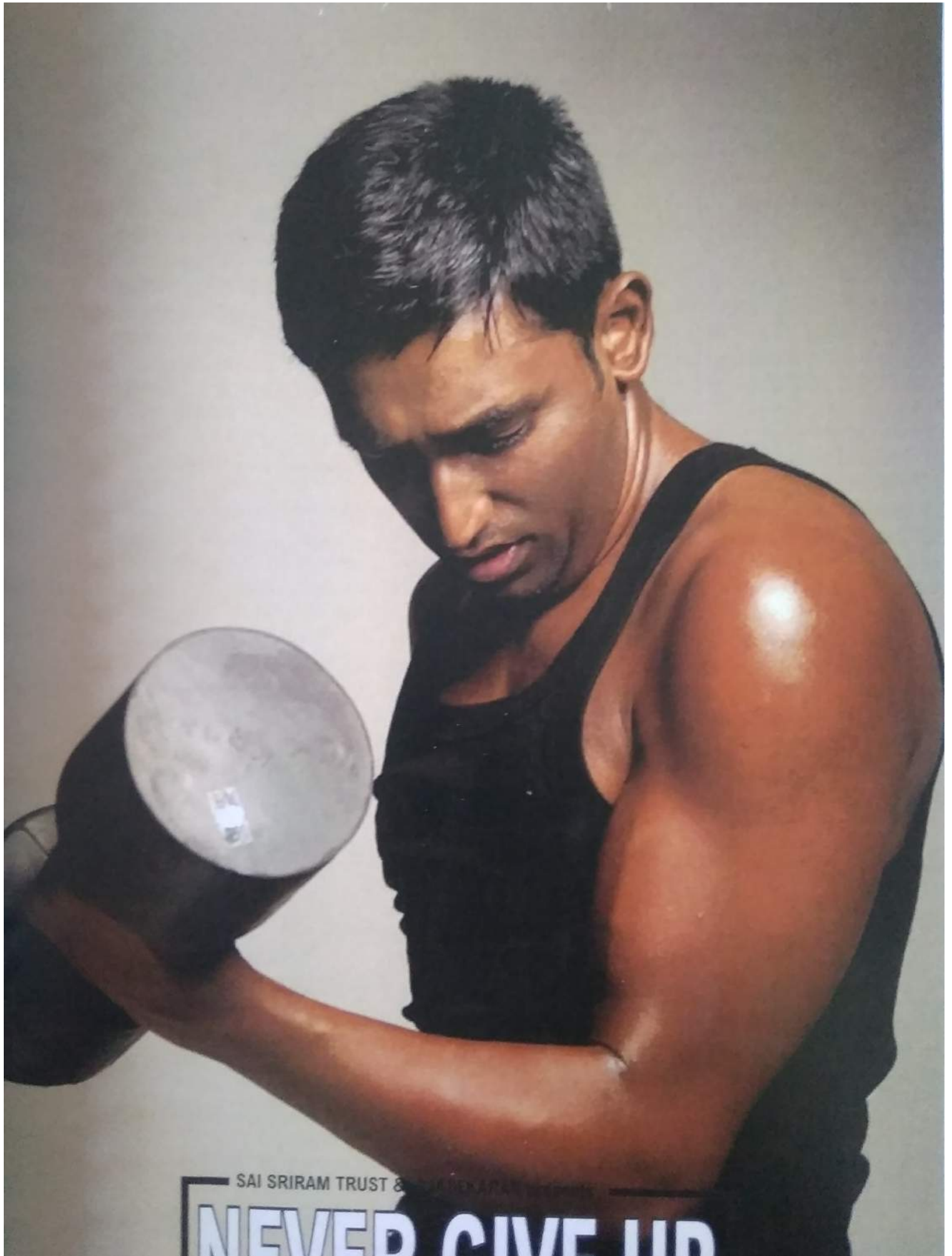




THONNUR
SILMA THUNNUR
2024







SAI SRIRAM TRUST & SOCIETY

NEVER GIVE UP

NEVER GIVE UP

Raising a child with multiple disability is not an easy job, it did give us vast and immense experiences both in terms of failures and success for the last 26 years. It was over time that we learnt our lessons through these experiences. Having said that, we as parents know what it would be like to lose all the golden years in our child's life in search of that right path that could be the change that our child needs. In most cases by the time the parents arrive at the right path, medically the development that the child can undergo is very meagre. Thus, from our personal experience, we found that early intervention is very vital in such kids. Though every child's need is unique, as parents it is very important that we identify them, enable them and develop them in regard and most importantly support them through their rough patches. This is a very tough battle fought by the parents of such children across various dimensions. Sometimes it is very emotionally involved and we have come across many parents who lose their way in such a battle. It takes a toll on the parents especially when they are financially and emotionally stressed. At such times, it is very easy to go down and lose hope especially with all the criticism in the society where our kids are not equally accepted. It is this phase of the battle where we need to believe in ourselves and our child. Trust us, the road ahead may be tough but is only when we decide to continue the tougher phase of our journey do we realise that there are indeed many guardian angels around us in this society, who not only help us in a way or two but also enlighten our journey ahead and enrich our child into a person who will be more socially accepted like every other normal person.

Sriram's developmental milestones were very delayed. He could not sit till he was 10 years old. He vented his frustration, anger and disappointment on us, especially when he started to realise that he cannot run around or play like every other child. He often vented his anger on us but then it was important to realise the amount of mental torment he must be undergoing with his realisation. Like most parents of such children, we lost our hope over his uncertain future and our helplessness. However, we continued to train him in swimming and cycling purely for physically strengthen his legs. It is when we identified that he was interested in swimming and as we already said, there was a guardian angel who introduced him into competitive sports. He soon got his 1st recognition in the year 2013 for swimming 50mtr across the pool. Though it was only 4th place, the amount of joy, happiness and confidence that instilled in him had so much impact and importance in his life that it drove him to work harder, determined and perspire towards success in all the upcoming events that came his way. It became a lot easier for us as parents especially when he decided not to sit back but fight for acceptance and recognition in this society. As parents we even dreamt, that he would get an opportunity to represent our country and participate in the Special Olympics 2019. Though he was selected for the 1st selection camp he did not make the cut into the 2nd selection camp. All of a sudden, our dreams were shattered. Days seemed darker and hopes were sinking but we knew we can't go down. After reading about a famous personality swimming across the Palk Straits, we decided to throw him a bigger challenge, to swim at sea. To swim at sea, he had to brave dangers right from marine animals to under water currents. Even though we were reluctant his trainers were very confident on him and more importantly he was very determined. We needed to believe in him and we did.

Once again, the guardian angels came his way. This time they came in numbers together to help him achieve something which not many normal people even dare to do. To swim 5km across the sea. He got the opportunity to swim 5km during the "Samudra Pheri - Ocean Sailing Expedition 2018" conducted by the NCC Directorate of Tamil Nadu, Puducherry & Andaman and Nicobar (Ministry of Defense, Govt. of India) on 21st July 2018. He swam the distance in 3hrs and 18minutes. Today as parents we are immensely proud of his achievements. On this very day, he has several laurels and recognitions in the fields of athletics, swimming and open water swimming to his name. Having said that he has thought us one very important lesson. He has fought many battles emotional battles across his life. But every time he does, that one attitude that he radiates continuously across is to

Never Give Up



Sriram Srinivas was recognized with a Certificate of
Achievement and honored

by the **Chief Minister of Puducherry**
Shri Narayanasamy

for **2km Individual Kayaking at Sea** during the
OCEAN SAILING EXPEDITION “Samudragami 2019”
conducted by the **NCC DIRECTORATE TAMIL NADU,**
PUDUCHERRY AND ANDAMAN NICOBAR,
Ministry of Defence, Govt of India

ON 16.07.2019